From the Head of Sport

Welcome back to all parents and students to what promises to be another busy term of sports at the College. Before the focus shifts onto Term 3 sport, it is important that we acknowledge several staff members for their time and effort over the past term, and in the several months leading up.

STAFF ACKNOWLEDGEMENTS

In Football, we thank Mr Matthew Poole for his dedication to coaching the 1st XI team for the past 8 years. Under his expertise, the 1st XI had an excellent season this year in which the team was very unlucky not to win the premiership. I also thank Mr Paul Knight as coordinator of football who ran another successful program for the College this year that saw another 2nd placing in the aggregate championship.

In Rugby, we thank Mr Jon Fitzgerald and Mr Peter McIntosh for their efforts that began last October in preparing and coaching the 1st XV team. Both Mr Fitzgerald and Mr McIntosh have worked exceptionally hard as coaches of the 1st XV over the past few years, and we thank them for their commitment to Ashgrove rugby. We also thank Mr Chris Rynders who coordinated this year’s college rugby program that won the aggregate championship for the 17th time in a row.

In Chess, Mr Brett Carroll led another very successful program that won the aggregate title for the 5th year in a row and continued to be the dominant college in the AIC competition.

It is great to have staff members such as these working in our college sporting programs, and their efforts are greatly appreciated.
Holiday events
Over the holidays, our Cross Country runners went on tour to Cairns, and our Open Rugby League team travelled to Rockhampton for the Confraternity Shield Rugby League competition.

We sincerely thank Mr Josh Grinter, former staff member Mr Pat Webster and old boy Mr Lachlan Messery for their time with the boys on the Cross Country Tour.

For their magnificent efforts with the Confraternity rugby league side, we also thank Mr Luke Caplick, Mr James Couper and Mr Ryan Apps for their efforts in Rockhampton, and in preparation for the competition. A more detailed account of the success of the team can be found further in this newsletter.

Term 3
As we move into Term 3, preparations for the AIC Cross Country Championships continue with the first lead-up meet scheduled for this Saturday 16 July. In addition to this, sign-on’s are currently being conducted for Basketball and Tennis with Basketball trials starting for all year levels next week. Details of trials and how to sign-on can be found on the next page.

Yr 9-12 House Athletics Carnival
This Friday 15 July, will see the Yr 9-12 House Athletics carnival being run. Information regarding this can be found in the newsletter below. There will be some events held for Yr 7-8 students due to their carnival being cancelled.

Please see the MCA Sports Contacts to the left and contact the relevant coordinators if you have any questions. I hope you have all made a positive start to the Term and look forward to seeing the College sporting program being supported in Term 3.

Mr David Miles
Head of Sport

Individual Achievements

Congratulations to:

Isaac De Flavis and Alan Wratten for their selections in the QLD 2 side who competed at the National Schoolboys Championships that were held during the 2nd week of the school holidays.

Jordan Tukuniu (year 11) and Nick Baker (year 8) represented Brisbane City teams against QLD Country teams in curtain raiser matches at Suncorp Stadium last Friday.

John Downes who competed at the Australian Weightlifting Championships and was successful in winning the 15 years’ Australian title. In the clean and jerk – a move where you take the weight from the ground to your chest and then press it above your head, John lifted an enormous 117 kg. With his 2 lifts combined he was only 5kgs away from breaking the Australian record which was an outstanding performance.

Ed Renwick, Darcy Hammond, Harry Whitten, Lachlan Arthur, Nicholas Baker, Will Valentine, and Rhonan Jensen who represented the Brisbane Blue Rugby Union team at the U13 State Rugby Championships over the holidays.
**Basketball Information – Term 3**

**Sign-On**
Boys who wish to play in the 11A-B, and years 7-10 A-D teams are invited to sign-on via sharepoint. Sign-On will conclude on **Monday 18th July**.

Please see instructions below on how to sign-on.

**Step 1:** Visit the Basketball or Tennis page of the College Website and click on the link (links are the same for both sports)

**Step 2:** Enter your student username and password when/if prompted

**Step 3:** Click on ‘new item’ and complete all sections of the sign-on form. Click submit to finish.

**Trials**

**Week 1:** Tuesday and Thursday, 1st – 3rd

**Week 2:** Years 10 and 11 Monday and Tuesday afternoon

All other year levels are to check the sports noticeboard this week for week 2 trial information.

Students wishing to be involved in the school internal competition should form a team of 8-10 boys and advise Ms Moore by Monday of week 2. Boys unable to find a team will be placed into one.

**Tennis Information – Term 3**

**Sign-On**
Boys who wish to play Tennis for the College this Term can now do so via sharepoint

Please see instructions below on how to sign-on.

**Step 1:** Visit the Basketball or Tennis page of the College Website and click on the link (links are the same for both sports)

**Step 2:** Enter your student username and password when/if prompted

**Step 3:** Click on ‘new item’ and complete all sections of the sign-on form. Click submit to finish.

**Trials**

Please continue to check this newsletter and school notices for trial details
WET WEATHER

It is inevitable that the weather will cause some games and training to be cancelled. Parents and students are encouraged to follow MCA Secondary Sports on twitter for the most up to date announcements regarding training and games.

COLLEGE SOCIAL MEDIA

We encourage everyone to follow the College’s social media pages to find out the latest news from the college.

Facebook
www.facebook.com/MaristCollegeAshgrove

Twitter
https://twitter.com/marist_ashgrove

Instagram
www.instagram.com/marist_ashgrove

LinkedIn
www.linkedin.com/company/marist-college-ashgrove

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College Track and Field Carnival

2016 ATHLETICS CARNIVAL

<table>
<thead>
<tr>
<th>TIME</th>
<th>YEAR 9</th>
<th>YEAR 10</th>
<th>YEAR 11</th>
<th>YEAR 12</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.45 – 9.05am</td>
<td>800m championship</td>
<td>800m championship</td>
<td>800m championship</td>
<td>800m championship</td>
</tr>
<tr>
<td>9.05 – 9.50am</td>
<td>Shot Put Wall Climb / Cargo Net</td>
<td>Javelin Jav ball/vortex throw</td>
<td>High Jump Tug-O-War</td>
<td>Long Jump RELAYS</td>
</tr>
<tr>
<td>9.50 – 10.50am</td>
<td>100m – ALL</td>
<td>100m – ALL</td>
<td>100m – ALL</td>
<td>100m – ALL</td>
</tr>
<tr>
<td>10.50 – 11.40am</td>
<td>Long Jump RELAYS</td>
<td>Shot Put Wall Climb / Cargo Net</td>
<td>Javelin Jav ball/vortex throw</td>
<td>High Jump Tug-O-War</td>
</tr>
<tr>
<td>11.40am – 12.40pm</td>
<td>LUNCH BREAK / 200m championships</td>
<td>200m championship</td>
<td>200m championship</td>
<td>200m championship</td>
</tr>
<tr>
<td>12.40 – 1.40pm</td>
<td>High Jump Tug-O-War</td>
<td>Long Jump RELAYS</td>
<td>Shot Put Wall Climb / Cargo Net</td>
<td>Javelin Jav ball/vortex throw</td>
</tr>
<tr>
<td>1.40 – 2.30pm</td>
<td>Javelin Jav ball/vortex throw</td>
<td>High Jump Tug-O-War</td>
<td>Long Jump RELAYS</td>
<td>Shot Put Wall Climb / Cargo Net</td>
</tr>
<tr>
<td>2.30 – 2.50pm</td>
<td>400m championship</td>
<td>400m championship</td>
<td>400m championship</td>
<td>400m championship</td>
</tr>
<tr>
<td>2.50 – 3.10pm</td>
<td>CLEAN UP &amp; DISMISSAL</td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

IMPORTANT POINTS:
- 800m runners – do NOT go to tutor group. Meet at McMahon Oval at 8.30am. 1st race starts at 8.45am.
- All students – BYO lunch. Canteen will NOT be operating at McMahon Oval.
- If needed the school canteen will be open during period 3 – our lunch break.
- Bring: Hat, water bottle, sunscreen, running shoes/spikes (if needed) and wear house shirt
The Buzz – Weekly Sports Report

Each week of the Rugby and Football season, the best performing players from 1sts, 2nds, and ‘A’ teams from years 7-10 are rewarded with honorary selection in the Barbarian and Select teams of the week. At the conclusion of the season, the best performing players will be rewarded with honorary selection in the team of the season.

Below are the final teams for 2016. Congratulations to the following boys. Selected players will receive a Barbarian or Select jersey, which will be presented on assembly.

### Barbarian Final Team

<table>
<thead>
<tr>
<th></th>
<th>Name</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Lachlan McKarzel</td>
<td>9A</td>
</tr>
<tr>
<td>2</td>
<td>Luca Koslovskis</td>
<td>8A</td>
</tr>
<tr>
<td>3</td>
<td>Sam Carrigan</td>
<td>16A</td>
</tr>
<tr>
<td>4</td>
<td>Will Valentine</td>
<td>7A</td>
</tr>
<tr>
<td>5</td>
<td>Ben Geraghty</td>
<td>15A</td>
</tr>
<tr>
<td>6</td>
<td>Jacob Stower</td>
<td>2nd XV</td>
</tr>
<tr>
<td>7</td>
<td>Nick Jenkins</td>
<td>1st XV</td>
</tr>
<tr>
<td>8</td>
<td>Roly Brosnan</td>
<td>16A</td>
</tr>
<tr>
<td>9</td>
<td>Zach Hogan</td>
<td>16A</td>
</tr>
<tr>
<td>10</td>
<td>Jesse O’Neill</td>
<td>7A</td>
</tr>
<tr>
<td>11</td>
<td>Tyron Brockhurst</td>
<td>2nd XV</td>
</tr>
<tr>
<td>12</td>
<td>Isaac De Flavis</td>
<td>1st XV</td>
</tr>
<tr>
<td>13</td>
<td>Riley Brown</td>
<td>8A</td>
</tr>
<tr>
<td>14</td>
<td>Floyd Aubrey</td>
<td>8A</td>
</tr>
<tr>
<td>15</td>
<td>Lachlan McDonald</td>
<td>9A</td>
</tr>
</tbody>
</table>

### Football Select Final

<table>
<thead>
<tr>
<th></th>
<th>Name</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Flynn Ovenden</td>
<td>1st XI</td>
</tr>
<tr>
<td>2</td>
<td>Jarred Godkin</td>
<td>2nd XI</td>
</tr>
<tr>
<td>3</td>
<td>Tom Vosper</td>
<td>10A</td>
</tr>
<tr>
<td>4</td>
<td>Mitch Fox</td>
<td>1st XI</td>
</tr>
<tr>
<td>5</td>
<td>Adrian Mifsud</td>
<td>2nd XI</td>
</tr>
<tr>
<td>6</td>
<td>Chris Banning</td>
<td>10A</td>
</tr>
<tr>
<td>7</td>
<td>Sam Vosper</td>
<td>9A</td>
</tr>
<tr>
<td>8</td>
<td>Tom Doyle</td>
<td>8A</td>
</tr>
<tr>
<td>9</td>
<td>Jordan Courtney</td>
<td>8A</td>
</tr>
<tr>
<td>10</td>
<td>Will Oostenbroek</td>
<td>10A</td>
</tr>
<tr>
<td>11</td>
<td>Fareed Elias</td>
<td>7A</td>
</tr>
</tbody>
</table>

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Facebook: www.facebook.com/MaristCollegeAshgrove
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Instagram: www.instagram.com/marist_ashgrove
LinkedIn: www.linkedin.com/company/marist-college-ashgrove

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**YEAR 7 & YEAR 8 HOUSE ATHLETIC EVENTS**

**Thursday July 14 – HIGH JUMP in 2nd break and Period 5**

- Move to the jumps area near the tennis courts at the start of 2nd break.

**Friday July 15 – 100m, 800m, Long Jump, Shot Put & Javelin**

(Please see the timetable below)

<table>
<thead>
<tr>
<th>TIME</th>
<th>Year 7</th>
<th>Year 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.30am</td>
<td>800m</td>
<td>800m</td>
</tr>
<tr>
<td>Period 1</td>
<td>Shot Put</td>
<td>Long Jump</td>
</tr>
<tr>
<td>Break 1</td>
<td>100m</td>
<td>100m</td>
</tr>
<tr>
<td>Period 4</td>
<td>Javelin</td>
<td>Shot Put</td>
</tr>
<tr>
<td>Period 5</td>
<td>Long Jump</td>
<td>Javelin</td>
</tr>
</tbody>
</table>

800m – meet at McMahon Oval at 8.30am. Do not go to tutor group.

Other events – at the start of the lesson please move to the ovals where the events are being held ASAP.
Confraternity Shield 2016

During the first week of the holidays our Open Rugby League Team competed in the Confraternity Carnival. The week proved to be a major success with the College crowned Confraternity Plate winners. Below is an overview of their results:

Game 1 V St Michael’s College, Merrimac – 6-4 loss, MOM – Jaz Day
Game 2 V St Joseph’s/ Assumption, Stanthorpe/ Warwick – 36-0 win. MOM – Max Midgley
Game 3 V St John’s, Roma – 36-0 win. MOM – Tim Schurmann
Quarter Final V Gilroy College, Ingham – 34-4 win. MOM – Will Carroll
Semi Final V St Brendan’s College, Yeppoon – 42-6 win. MOM – Max Midgley
Grand Final V Columba Catholic College, Charters Towers – 26-6 win. MOM – Hayden Ryan

Congratulations to the following boys who received major awards at the end of the Carnival:

Marist Best and Fairest – Max Midgley
Marist Spirit Award – Jacob Stower
Marist Players Player – Will Carroll
Player with the most Potential at the Confraternity Carnival – Ben Bucknell

Apart from the result, the real success that can’t be measured is the way the boys grew as a team both on and off the field which is what Confraternity is all about. Marist College Ashgrove received a lot of support from parents who attended as well as locals who have a connection to the College. It was also great to see all the AIC schools support each other at the Carnival. We look forward to defending our title in 2017 when Padua hosts the carnival at Banyo.
2016
Marist Parent / Son Doubles Handicap Tournament

When / Where? Sunday 24th July
8am - around 12pm at Marist Courts

- Tournament open for all grades of boys at Marist - All tennis levels and ages welcome!
- Round Robin format - plenty of matches guaranteed!
- All equipment provided.
- Sausage sizzle and drinks for morning tea provided.
- Trophies and medals for winners & Runners up!

Come along and enjoy a great morning of tennis with your son!

Cost: $20 / Team

Rain Check: the following Sunday 31st July.

Entries Close: Thursday 21st July. Entry fee paid on the day of play.

Contact: Allan Say
0408 766 882 | Brisbane, Australia
allan@proamtennis.com.au | proamtennis.com.au
MARIST COLLEGE ASHGROVE
CRICKET ACADEMY
MARIST TERM 3 2016 PROGRAM

Monday 18th July – Wednesday 31st August 2016
(Catch up session Monday 5th September 2016)

Marist College Ashgrove in association with PD Cricket are offering structured group programs, which focus on developing and improving skills in Batting and Pace Bowling. Participants will select which specific skills session to attend based on their individual game requirements and are not limited to one.

The Coaches
B Murphy
Scott Prestwidge
Jono Knight

Batting
Pace Bowling
Assistant

What’s Covered in the Cost
Highly qualified coaches delivering a 7 week coaching program (plus a catch up session if required), use of the latest coaching equipment/machines and video analysis, an academy shirt and cap and access to ‘Game Zone Cricket’ – an online player development program including comprehensive skills, exercises and match opportunities.

To secure your preferred session, please complete the registration form below and return via email to academy@valleycricket.org.au

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Term 3 - 2016 Marist Program Registration Form

Name: ___________________________ Date of Birth: ___________________________

Address: ________________________________________________________________

School: MARIST COLLEGE ASHGROVE Year Level: ____________________________

Parent/Guardian Name: __________________________________ Phone: ____________

Email: ______________________________

Please TICK your preferred session. If the session is full another suitable time slot will be offered. All coaching programs will be delivered at the Junior Sports synthetic nets at Marist College.

(please meet 5 minutes prior to your session)

Monday:

☐ 6:30AM to 8:00AM Year 5 & 6 Fundamentals $305

45min Batting / 45min Bowling (Up to 16 players)

Monday:

☐ 6:30AM to 8:00AM Year 7 & 8 Fundamentals $305

45min Batting / 45min Bowling (Up to 16 players)

Wednesday:

☐ 6:30AM to 8:00AM

Year 9 & 10 Batting (Max 8 players) $305

☐ Year 9 & 10 Pace Bowling (Max 8 players) $305

Numbers are limited to ensure the quality of each session.

Medical Information: Please notify us of any injuries past or present that may affect your ability to participate in vigorous physical activity.

Please note: Video analysis may be used during some sessions. These recordings will only be used by the coach in consultation with the player. Please tick this box if you do not wish for sessions to be recorded.

Preferred Payment Method is by Credit Card and can be made via the website www.valleycricket.org.au. Click on the Academy Payments tab. You will need the participants MyCricket number, or if you don’t have one, the system will generate a new number.

EFT Payment can be made with the following details: Account Name: Valley District Cricket Club BSB: 484-799
Account Number: 178241 (Please use player’s full name as reference)