



Weekly Sports Report 3 May 2018 - Term 2 - Week 3

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From the Head of Sport

After several weeks of preparation the Term 2 season of AIC sport finally commenced last weekend with the majority of our teams playing against Padua College. Last Friday our chess teams had a very successful round against Padua College in their quest to regain the aggregate championships.

On Saturday, 75 Ashgrove teams competed in rugby & football with 24 matches in the AIC aggregate round against Padua. Out of these matches we won a very impressive 18 with only two losses in both codes. Congratulations to our 1st XI and 1st XV sides who were impressive in winning their opening games against tough opposition. The 1st XI opened their season with a 5-2 win while the 1st XV were strong in their 37-5 win over recent rivals Padua. The members of these teams and our first chess were officially presented on assembly and we wish them all the very best for the remainder of their season.

Congratulations to all teams on a great start to the season and a special mention to those teams who fill in where other Colleges have gaps and play against higher ranked teams. This is always a tough task and is a challenge that Ashgrove teams have always taken on with confidence.

ROUND 2

This weekend our major opponent is Iona College and this is an important round for both sports as Iona are one of our strongest sporting rivals. We are encouraging all students to turn up in big numbers to support both of our first teams on Saturday. As usual please check the information contained in this newsletter and on the College APP.

UNIFORM

Only BLUE shorts are to be worn on the sporting field when representing Ashgrove. No other colours are accepted. When you represent your school in sport you are on public display and the image of our players and teams is important to the reputation of our school.

CANTEENS

Our canteens rely on the support of parents to assist our P&F in providing this service to you. The McMahon oval canteen, in particular, is very busy on a Saturday and for those of you lucky enough to play football on Hayden or rugby on McMahon there is a certain amount of responsibility involved in your support of the canteens. **PLEASE SIGN UP HERE: <http://signup.com/go/gTZtWGG>**

UPCOMING EVENTS

Friday 5 May

AIC Chess Round 2
v Iona College

Saturday 6 May

AIC Round 2 Rugby & Football
v Iona College

Friday 12 May

AIC Chess Round 3
v St Peter's

Saturday 13 May

AIC Round 3 Rugby & Football
v St Peter's

MCA SPORTS CONNECT

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From the Head of Sport CONTINUED...

If we cannot get the parents of boys playing on Hayden and McMahon to assist in the McMahon oval canteen on Saturday's, we may need to look at changing the draws to support the teams whose parents are willing to help. If boys want the privilege of playing on these main fields, we would really appreciate the support of our Marist families.

THANK YOU to all coaches and players on their performances in Round 1 against Padua College. Good luck to all students for what should be an exciting weekend of sport.

1ST XV RUGBY **ASH 1st XV vs. IONA 1st XV**

2:15pm, Davine Oval
Iona College

1ST XI FOOTBALL **ASH 1st XI vs. IONA 1st XI**

12:30pm, Fuller Oval
Iona College

****ALL SUPPORTERS ARE ENCOURAGED TO TURN OUT IN GREAT NUMBERS TO SUPPORT OUR TEAMS!!****

Mr David Miles
Head of Sport

Individual Achievements

Congratulations to:

- Tyler Newell, Cooper Cabot, and Luke Barnard on their selections in the Met North 19 years Hockey team.
- The following boys on the results at the Australian National Age Swimming Championships in Sydney on the weekend.

Matthew Magnussen

200m Backstroke Place 10th in a time of 2:14.32
400m Freestyle Placed 9th in a time of 4:18.88
100m Backstroke Placed 9th in a time of 1:02.23
200m Freestyle Placed 17th in a time of 2:02.12

Alex Bibo

100m Freestyle Placed 25th in a time of 54.94
400m Freestyle Placed 11th in a time of 4:12.03
400m IM Placed 16th in a time of 4:49.57
200m Freestyle Placed 15th in a time of 1:58.67
200m Breaststroke Placed 21st in a time of 2:36.12
200m IM Placed 23rd in a time of 2:17.79

Jack Goyen

100m Freestyle Placed 22nd in a time of 58.21
50m Freestyle Placed 8th in a time of 25.89

Angus Bathe

800m Freestyle Placed 16th in a time of 9:15.60

WET WEATHER

It is inevitable that the weather will cause some games and training to be cancelled.

Parents and students are encouraged to download the MCA App for the most up to date announcements regards training and games.

SPORT PHOTOS AND VIDEOS

The sports department are always looking for photos and videos of the Colleges sporting teams throughout the year. If you wish to share these for use in the Sports newsletter, Blue and Gold, as well as other College publications, we encourage you to please send them to mcasport@marash.qld.edu.au.

SPORTS CANTEEN

SPORTS CANTEENS NEED YOUR HELP

PLEASE SIGN UP HERE

<http://signup.com/go/gTZtWGG>

Marist Barbarian (Rugby) And Marist Select (Football) Points

Each week during the Rugby and Football season, high performing players from the 1st, 2nd, and A teams in both sports are rewarded with selection in the Barbarian (rugby) and Select (football) Teams of the week. At the conclusion of the season, a team of the season is selected for both sports to be presented at assembly. The Barbarian and Select Teams from Round 1 v Padua are below.

RUGBY BARBARIAN ROUND 1		
1	Will Valentine	9A
2	Gus Rosanowski	2nd XV
3	Nick Baker	10A
4	Patrick Gavin	8A
5	Patrick Tierney	8A
6	Jack Andrews	7A
7	Lachlan Howse	1st XV
8	Lachlan Jones	2nd XV
9	Josh Billings	10A
10	Carl Martin	9A
11	Dwayne Ludwick	9A
12	Zander Knoetze	7A
13	Kale Van Dugteren (c)	1st XV
14	Lachlan McDonald	2nd XV
15	Shaquille McLeod	1st XV

FOOTBALL SELECT ROUND 1		
1	Will Gullo (c)	1st XI
2	Stephen Hanson	2nd XI
3	Alec Oostenbroek	10A
4	Sam Keogan	9A
5	Ryan Oostenbroek	8A
6	Luke Mifsud	7A
7	Nic Webb	1st XI
8	Sam Vosper	2nd XI
9	Adam Wilson	10A
10	Riley McIlhatton-Saunders	9A
11	Harrison Lee	8A

MARIST COLLEGE ASHGROVE

College App Available Now

for iPhone, Android & iPad

Download on the **App Store** | **GET IT ON Google Play**

Football Tour To Italy

Over the Easter holidays, a group of 29 boys and 4 staff embarked on the trip of a lifetime to Italy for 17 days. Due to the organisational expertise of Tour & 1st XI Manager, Lou Mazzoleni, the group enjoyed the 'authentic Italian experience', where the players enjoyed extensive training sessions, 4 matches, and a wide range of sightseeing adventures around the north of Italy.

The tour started off in Rome where the group visited places such as the Trevi Fountain, Colosseum, and the 4 main Basilicas, including St Peter's Basilica. The group also had the unique opportunity to visit the World Headquarters of the Marist Brothers and were given a highly intriguing tour by Australian Brother, Br Tony Haydon. The visit to Marist House certainly gave a new perspective to students and staff on the meaning of 'being Marist', as well as the life and workings of Marcellin.

With a Rome downpour making the trip to the train terminal interesting, the group travelled to Verona to meet 'Valentino the lothario' who took the group on a tour around the city before taking in a Serie A football match between Chievo Verona and Sampdoria. The Blue and Gold colours of the home team won them many new fans on the night! From there, the group travelled to the base for the next 11 days at Hotel Touring in Coccaglio.

The group's stay in Coccaglio started with a walk up the hill to Church in an old monastery on Easter Sunday, followed by an afternoon excursion to Lago de Garda. The next ten days had a large football focus, with double training sessions and four matches played against three local clubs, and one local church group who hosted us for dinner. The group was split up into two teams, with the Marist Gold team going through undefeated.

While staying at Hotel Touring, the group enjoyed trips to the Ferrari and Lamborghini museums and showrooms, as well as the highlight for many of the boys, a tour of the San Siro stadium in Milan and the second Serie A match of the trip between AC Milan and Sassuolo.

After leaving the luxurious Hotel Touring, the group travelled to Venezia, where two days of sightseeing in Venice was enjoyed by all.

A large thank you goes to Mr Lou Mazzoleni for his unbelievable organisation of the tour. Every detail was planned to the minute and it made the trip as enjoyable as possible. Thank you also to Mr McLoughlin, Mr Morgan, and Mr Poole who accompanied the group on tour.



Marist Basketball Carnival

The 2018 Marist Basketball Carnival was held at Marist College Canberra and involved over forty boys and girls teams, from Marist schools all over Australia. The first day of pool games saw the team comfortably beat St Augustine's 70-21 and defeat St Joseph's College 63-32. After a great start on Monday, our third game began early at 8:30am. With temperatures in the single digits in Canberra it was hard for some of the players to acclimatise to the cold conditions. The team won convincingly against Champagnat College 39-13, which was followed by a 51-21 over Sacred Heart College. Being 4 and 0 after the pool completion, the boys took great confidence heading into the rest day on Wednesday.

During the rest day, the group visited the War Memorial and participated in the last post which involved Hamish Geary and Jordan Sing laying a wreath in remembrance of the diggers. Whilst moving through the tour was painful on our joints, it was a great experience which the boys will not forget.

Leading into Thursday's pool of 8, the team played Assumption College in the quarter-final. After a few nervous moments, the team finally triumphed 35-22. Our next opponent in the semi-final was Randwick College. They were a tough opponent and the task was made more difficult with one of the key spearheads, Jordan Brookes rolling his ankle. Some crucial turnovers, poor passes and missed open shots in the 4th quarter led to the team's first loss of the carnival with a score of 39-42. As a consolation, the team played Sion College in the 3rd & 4th place playoff and managed to win a very close game 45-35.

Congratulations to captain Hamish Geary who made the Marist 1st V All Australian Team, chosen from more than 200 players. Thanks must go to Mr Dean Aspland and Mr Murphy Baldry for coaching the team, and Mr Connolly for managing throughout the week. Thanks also to Headmaster, Mr Mcloughlin who flew down and supported the team for two matches on Monday.

By Hamish Geary (C) and Tom Connolly (VC)



AIC RUGBY FIXTURES

ROUND 2 V IONA & OTHER COLLEGES - SATURDAY MAY 5, 2018

Rugby Coordinator: Mr Tim Sedgwick

- All players to arrive at least 30 mins prior to game time OR when your coach has requested
- All students are expected to be in the correct uniform at all times – Ashgrove Rugby jersey, BLUE playing shorts, and Ashgrove rugby socks.

FRIDAY MAY 4, 2018

TEAM	TIME	H / A	VENUE
8 WHITE vs. ASH 8 GREEN	3:45pm	HOME	McMahon Oval, Marist College Ashgrove. Frasers Rd, Ashgrove

SATURDAY MAY 5, 2018: YEARS 9 – OPENS

TEAM	TIME	H / A	VENUE
1sts vs. IONA 1sts	2:15pm	AWAY	Davine Oval, Iona College. North Rd, Lindum
2nds vs. IONA 2nds	1:00pm	AWAY	Davine Oval, Iona College. North Rd, Lindum
3rds vs. IONA 3rds	12:00pm	AWAY	Davine Oval, Iona College. North Rd, Lindum
4ths vs. IONA 4ths	11:00am	AWAY	Davine Oval, Iona College. North Rd, Lindum
5ths vs. IONA 5ths	10:00am	AWAY	Davine Oval, Iona College. North Rd, Lindum
6ths vs. PADUA 5ths	11:00am	HOME	Flat 7, Des Connor Fields. Grevillea Rd, Ashgrove
7ths vs. SLC 5ths	11:00am	AWAY	Crawford Oval, SLC Playing Fields. Rd, Runcorn
10A vs. IONA 10A	1:00pm	AWAY	McCarthy Oval, Iona College. North Rd, Lindum
10B vs. IONA 10B	12:00pm	AWAY	McCarthy Oval, Iona College. North Rd, Lindum
10C vs. IONA 10C	11:00am	AWAY	McCarthy Oval, Iona College. North Rd, Lindum
10 GOLD vs. SLC 10C	10:00am	AWAY	Crawford Oval, SLC Playing Fields. Rd, Runcorn
10 WHITE vs. IONA 10 GOLD	10:00am	AWAY	McCarthy Oval, Iona College. North Rd, Lindum
9A vs. IONA 9A	11:00am	AWAY	Harron Oval, Iona College. North Rd, Lindum
9B vs. IONA 9B	10:00am	AWAY	Harron Oval, Iona College. North Rd, Lindum
9C vs. IONA 9C	9:00am	AWAY	Harron Oval, Iona College. North Rd, Lindum
9 GOLD vs. IONA 9 GOLD	8:00am	AWAY	Harron Oval, Iona College. North Rd, Lindum
9 WHITE vs. PADUA 9 GOLD	11:00am	HOME	Flat 8, Des Connor Fields. Grevillea Rd, Ashgrove
9 GREEN vs. SLC 9 GOLD	9:00am	AWAY	Crawford Oval, SLC Playing Fields. Rd, Runcorn

SATURDAY MAY 5, 2018: YEARS 5 – 8

TEAM	TIME	H / A	VENUE
8A vs. IONA 8A	12:00pm	HOME	McMahon Oval, Marist College Ashgrove. Frasers Rd, Ashgrove
8B vs. IONA 8B	11:00am	HOME	McMahon Oval, Marist College Ashgrove. Frasers Rd, Ashgrove
8C vs. IONA 8C	10:00am	HOME	McMahon Oval, Marist College Ashgrove. Frasers Rd, Ashgrove
8 GOLD vs. IONA 8 GOLD	9:00am	HOME	McMahon Oval, Marist College Ashgrove. Frasers Rd, Ashgrove
7A vs. IONA 7A	12:00pm	HOME	Cameron Oval, Marist College Ashgrove. Frasers Rd, Ashgrove
7B vs. IONA 7B	11:00am	HOME	Cameron Oval, Marist College Ashgrove. Frasers Rd, Ashgrove
7C vs. IONA 7C	10:00am	HOME	Cameron Oval, Marist College Ashgrove. Frasers Rd, Ashgrove
7 GOLD vs. IONA 7 GOLD	9:00am	HOME	Cameron Oval, Marist College Ashgrove. Frasers Rd, Ashgrove
7 WHITE vs. SLC 7 GREEN	8:00am	HOME	Cameron Oval, Marist College Ashgrove. Frasers Rd, Ashgrove
7 GREEN vs. PADUA 7 GOLD	8:00am	HOME	McMahon Oval, Marist College Ashgrove. Frasers Rd, Ashgrove
6A vs. IONA 6A	10:00am	HOME	Flat 7, Des Connor Fields. Grevillea Rd, Ashgrove
6B vs. IONA 6B	9:00am	HOME	Flat 7, Des Connor Fields. Grevillea Rd, Ashgrove
6C vs. IONA 6C	8:00am	HOME	Flat 7, Des Connor Fields. Grevillea Rd, Ashgrove
6 GOLD vs. IONA 6 GOLD	10:00am	HOME	Field 1, Mt. Maria playing fields. Mott St, Gaythorne
5A vs. IONA 5A	10:00am	HOME	Flat 8, Des Connor Fields. Grevillea Rd, Ashgrove
5B vs. IONA 5B	9:00am	HOME	Flat 8, Des Connor Fields. Grevillea Rd, Ashgrove
5C vs. IONA 5C	8:00am	HOME	Flat 8, Des Connor Fields. Grevillea Rd, Ashgrove
5 GOLD vs. IONA 5 GOLD	9:00am	HOME	Field 1, Mt. Maria playing fields. Mott St, Gaythorne
5 WHITE vs. SLC 5 Gold	8:00am	HOME	Field 1, Mt. Maria playing fields. Mott St, Gaythorne

AIC FOOTBALL FIXTURES

ROUND 2 V IONA & OTHER COLLEGES - SATURDAY MAY 5, 2018

Football Coordinator: Mr Terry Quain

- All players to arrive at least 30 mins prior to game time OR when your coach has requested
- All students are expected to be in the correct uniform at all times - Ashgrove Football jersey, BLUE playing shorts, and Ashgrove football socks

SATURDAY MAY 5, 2018: YEAR 9 – OPENS			
TEAM	TIME	H / A	VENUE
1sts vs. IONA 1sts	12:30pm	AWAY	Fuller Oval, Iona College. North Rd, Lindum
2nds vs. IONA 2nds	11:00am	AWAY	Fuller Oval, Iona College. North Rd, Lindum
3rds vs. IONA 3rds	12:00pm	AWAY	Coghill Oval, Iona College. North Rd, Lindum
4ths vs. IONA 4ths	11:00am	AWAY	Coghill Oval, Iona College. North Rd, Lindum
5ths vs. IONA 5ths	11:00am	AWAY	Dwyer Oval, Iona College. North Rd, Lindum
6ths vs. IONA 6ths	12:00pm	AWAY	Dwyer Oval, Iona College. North Rd, Lindum
7ths vs. IONA 7ths	1:00pm	AWAY	Dwyer Oval, Iona College. North Rd, Lindum
10A vs. IONA 10A	9:45am	AWAY	Fuller Oval, Iona College. North Rd, Lindum
10B vs. IONA 10B	8:00am	AWAY	Coghill Oval, Iona College. North Rd, Lindum
10C vs. ATC 10B	10:30am	AWAY	Jack Bowers East Oval, ATC. Kate Street, Indooroopilly
10 GOLD vs. VILLA 10C	8:30am	AWAY	Field 3, Villanova Park. Manly Rd, Tingalpa
9A vs. IONA 9A	8:30am	AWAY	Fuller Oval, Iona College. North Rd, Lindum
9B vs. IONA 9B	9:00am	AWAY	Coghill Oval, Iona College. North Rd, Lindum
9C vs. IONA 9C	10:00am	AWAY	Coghill Oval, Iona College. North Rd, Lindum
9 GOLD vs. IONA 9 WHITE	9:00am	AWAY	Dwyer Oval, Iona College. North Rd, Lindum

SATURDAY MAY 5, 2018: YEAR 5 – 8			
TEAM	TIME	H / A	VENUE
8A vs. IONA 8A	8:30am	HOME	Hayden Oval, Marist College Ashgrove. Frasers Rd, Ashgrove
8B vs. IONA 8B	9:30am	HOME	Hayden Oval, Marist College Ashgrove. Frasers Rd, Ashgrove
8C vs. IONA 8C	10:30am	HOME	Hayden Oval, Marist College Ashgrove. Frasers Rd, Ashgrove
8 GOLD v PADUA 8 GOLD	11:30am	AWAY	Football 3, Padua College Playing Fields. Elliot Rd, Banyo
8 WHITE v SLC 8 WHITE	11:30am	HOME	Hayden Oval, Marist College Ashgrove. Frasers Rd, Ashgrove
7A vs. IONA 7A	7:30am	HOME	Hayden Oval, Marist College Ashgrove. Frasers Rd, Ashgrove
7B vs. IONA 7B	8:30am	HOME	Flat 6, Des Connor Park. Grevillea Rd, Ashgrove
7C vs. IONA 7C	9:30am	HOME	Flat 6, Des Connor Park. Grevillea Rd, Ashgrove
7 GOLD vs. IONA 7 GOLD	10:30am	HOME	Flat 6, Des Connor Park. Grevillea Rd, Ashgrove
7 WHITE vs. IONA 7 WHITE	7:30am	HOME	Flat 6, Des Connor Park. Grevillea Rd, Ashgrove
6A vs. IONA 6A	7:30am	HOME	Jack Eales Oval, Marist College Ashgrove
6B vs. IONA 6B	8:20am	HOME	Jack Eales Oval, Marist College Ashgrove
6C vs. IONA 6C	9:10am	HOME	Jack Eales Oval, Marist College Ashgrove
6 GOLD vs. IONA 6 GOLD	10:00am	HOME	Jack Eales Oval, Marist College Ashgrove
6 WHITE vs. IONA 6 WHITE	10:50am	HOME	Jack Eales Oval, Marist College Ashgrove
5A vs. IONA 5A	7:30am	HOME	Flat 5, Des Connor Park. Grevillea Rd, Ashgrove
5B vs. IONA 5B	8:20am	HOME	Flat 5, Des Connor Park. Grevillea Rd, Ashgrove
5C vs. IONA 5C	9:10am	HOME	Flat 5, Des Connor Park. Grevillea Rd, Ashgrove
5 GOLD vs. IONA 5 GOLD	10:00am	HOME	Flat 5, Des Connor Park. Grevillea Rd, Ashgrove
5 WHITE vs. IONA 5 WHITE	10:50am	HOME	Flat 5, Des Connor Park. Grevillea Rd, Ashgrove
5 GREEN vs. SLC 5 GREEN	11:40am	HOME	Flat 5, Des Connor Park. Grevillea Rd, Ashgrove

AIC Rugby Results 2018

	PADUA	IONA	ST PETER'S	ST PATRICK'S	ST LAURENCE'S	ST EDMUND'S	VILLANOVA
1st XV	37-5 win						
2nd XV	15-0 win						
3rd XV	36-5 win						
4th XV	67-12 win						
5th XV	37-0 win						
6th XV							
7th XV	38-12 win v SLC 5th						
10A	75-5 win						
10B	64-0 win						
10C	42-0 win						
10 Gold	10-25 loss						
10 White	29-15 win v SLC C						
9A	14-29 loss						
9B	23-24 loss						
9C	24-0 win						
9 Gold	37-10 win						
9 White	27-24 win v Iona D						
9 Green	42-12 win v SLC D						
8A	53-14 win						
8B	67-0 win						
8C	54-0 win						
8 Gold	17-32 loss v Iona 8D						
8 White							
8 Green							
7A	38-0 win						
7B	48-5 win						
7C	71-0 win						
7 Gold	22-15 win						
7 White	39-12 win v SLC D						
7 Green							
6A	0-26 loss						
6B	32-0 win						
6C	43-12 win						
6 Gold	19-29 loss						
5A	0-47 loss						
5B	28-34 loss						
5C	32-14 win						
5 Gold	14-37 loss						
5 White	14 - 37 loss						

AIC Football Results 2018

	PADUA	IONA	ST PETER'S	ST PATRICK'S	ST LAURENCE'S	ST EDMUND'S	VILLANOVA
1st XI	5-2 win						
2nd XI	4-1 win						
3rd XI	9-1 win						
4th XI	2-2 draw						
5th XI	5-0 win						
6th XI	1-0 win						
7th XI	4-4 draw v SLC 6						
10A	6-0 win						
10B	4-0 win						
10C	2-1 win v SLC C						
10 Gold	2-7 loss v ATC C						
9A	1-2 loss						
9B	0-1 loss						
9C	3-2 win						
9 Gold	3-1 win						
8A	6-0 win						
8B	7-1 win						
8C	4-0 win						
8 Gold	2-4 loss v ASH E						
8 White	4-2 win v ASH D						
7A	0-0 draw						
7B	9-1 win						
7C	13-1 win						
7 Gold	9-0 win						
7 White	7-1 win						
6A	0-1 loss						
6B	6-1 win						
6C	2-4 loss						
6 Gold	2-5 loss						
6 White	1-0 win						
5A	6-1 win						
5B	7-2 win						
5C	1-2 loss						
5 Gold	7-1 win						
5 White	2-1 win						
5 Green	3-8 loss v SLC E						

Rugby Training Timetable

AIC Rugby Season Training Days and Times

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
	AM	PM	AM	PM	AM	PM	AM	PM	AM
	7:00-8:15	3:30-4:45	7:00-8:15	3:30-4:45	6:30 - 7:45	3:30-4:45	6:30 - 7:45	3:30-4:45	7:00-8:15
McMahon				1st/2nd XV		1st/2nd XV	Year 9 A	1st/2nd XV	
Cameron	Year 5A	Year 10	Year 6 C - Gold	Opens	Year 5 C - Gold	Year 10		Opens	Year 6 A/B
Flat 7		Year 9		Year 5		Year 9 B-Colours		Year 6	
Flat 8		Year 9	Year 10 Gold	Year 7		Year 9 B-Colours	Year 10 Gold	Year 7	Year 5B
GPS 2				Year 8 A - B				Year 8 A - B	
GPS 3				Year 8 C - Colours				Year 8 C - Colours	

Football Training Schedule

6:45 - 8:00am	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hayden	3rd XI, 4th XI	1st XI	7A	1st XI	3rd XI, 4th XI
Jack Eales	6A, 5B, 5C, 5 Gold, 5 White	GK Training Years 10-12	10C	GK Training Years 5-9	5 Green
Flat #5	6th XI	9 Gold 8 White	5th XI		
Flat #6	10 Gold	7 Gold 7 White	All Year 8	7 Gold 7 White	10C 10Gold
Flat #7	9C	7A	All Year 8	9B	8A

3:30 - 4:45pm	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hayden	2nd XI	10A & BTC Squad 9B	2nd XI, 9A	10A & 10B 5A	5th XI 6th XI
Jack Eales	6B, 6Gold 6C, 6White	7C	10B	9A 8C	7C
Flat #5	8GOLD	All Year 5	7B	All Year 6	
Flat #6	8B 7B	All Year 5	7th XI	All Year 6 7th XI	9C 9 Gold
Flat #7		Rugby		Rugby	

Gym Schedule

Term 2 - week 2 - Schedule may change

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	6:15am - 7:15am	PHYSIO & TRIAGE - RUGBY & FOOTBALL	OPENS BASKETBALL	GENERAL/BOARDERS	OPENS RUGBY - BOARDERS	OPENS BASKETBALL
	7:05am - 8:05am		RUGBY DEVELOPMENT GROUP	TENNIS / T&F	OPENS RUGBY	TENNIS / T&F
	8:35am - 8:50am	YEARS 5/6 - M.A.D		YEARS 5/6 - M.A.D		YEARS 5/6 - M.A.D
LUNCH	BREAK 1					
	BREAK 2	OPENS FOOTBALL FLEX	OPENS RUGBY FLEX	OPENS FOOTBALL FLEX	OPENS RUGBY FLEX	
PM	3:25pm - 4:25pm	OPENS RUGBY	GENERAL/BOARDERS	OPENS FOOTBALL	RUGBY DEVELOPMENT GROUP	
	4:25pm - 5:00pm	OPENS FOOTBALL			GENERAL/BOARDERS	

BASKETBALL/TENNIS/TRACK & FIELD	PRESEASON SPORT
OPENS RUGBY/FOOTBALL	INSEASON SPORT

Sports based S&C gym sessions are for either designated 1st Opens (Years11/12) players or nominated students only

Students in Years 8-12 can access gym at designated general sessions (max 25 students)

Cross Country

All Cross Country squad members should be attending at least 2-3 sessions per week. If this is going to be an issue, please keep Miss Deeley or your Age Coordinator informed. We are well aware that many of you are committed to Term 2 Sport – we will be happy to show flexibility as long as you're open with us and you keep us in the loop.

Our training session options are as follows:

Training A: Monday & Tuesday mornings – focus will be on race pace development

Training B: Wednesday & Thursday mornings – focus will be on short/long hill repetitions

Long Runs: Friday mornings – focus is on aerobic running (easy long runs)

We meet at the **Grandstand (McMahon Oval)** for regular training with sessions commencing at 6:45am sharp – please arrive before then so we'll be ready to leave on time (make sure you have your name checked-off with Miss Deeley before the session starts). We have a tradition of playing touch before training – for those interested, this usually kicks off around 6:20am onwards.

We will train every school day of Term 2.

2018 Parent/Son Tennis Doubles Tournament



Australia's Leading Tennis Academy

2018

Marist Parent / Son Doubles Handicap Tournament

When / Where? Sunday 3rd June

8am - around 12pm at Marist Courts

- Tournament open for all grades of boys at Marist - All tennis levels and ages welcome!
- Round Robin format - plenty of matches guaranteed!
- All equipment provided.
- Sausage sizzle and drinks for morning tea provided.
- Trophies and medals for winners & Runners up!



Come along
and enjoy a great
morning of tennis
with your son!



Cost: \$25 / Team

Rain Check: The following
Sunday 10th June

Entries Close:
Thursday 31st May



Email or text Allan Say to enter. Include sons name and grade at school.
Parent name playing as doubles partner and your mobile phone number.

Contact: Allan Say
Director, Pro-Am Tennis Academy

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allan@proamtennis.com.au | proamtennis.com.au