



Weekly Sports Report 26 June 2018 - Term 2 - Week 11 Inside this edition

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From the Head of Sport

As this is the final newsletter of Term 2, I would like to take the opportunity to wish all families the very best for a relaxing mid-year holiday. After a long but enjoyable Term 2 of sport, it is important to thank all of our families, students, staff and community members for the efforts they have put in to provide opportunities for our students. Term 2 sport is arguably the busiest term in our sporting calendar and a well-earned rest is needed for all our students so please enjoy the break!

Please check carefully the information in the newsletter relating to our Term 3 sport. We move very quickly into our basketball and tennis seasons with our cross country program heading into the final four weeks of preparation.

While remembering to enjoy the holidays, it is also a great time to practice your skills for the upcoming seasons so please aim to spend some time outside away from the screens!

Basketball and Tennis Season

Training/trials for Basketball and Tennis teams will continue in the first week back in Term 3 for all year groups leading into the trial against Villanova on Saturday 21 July. By now, all boys who wish to play should have attended trials.

Boys who have missed trials so far need to contact the following staff members for information:

Basketball

Years 9-12	Mr Michael Connolly	connollym@marash.qld.edu.au
Years 5-8	Mr Bas Pelly	pellyse@marash.qld.edu.au

Tennis

Years 11-12	Ms Rebecca Taylor	taylorr@marash.qld.edu.au
Years 9-10	Mr. Laurie Bourstead	bousteadl@marash.qld.edu.au
Years 7-8	Mr. Ben Webb	webbb@marash.qld.edu.au
Years 5-6	Ms Jessica King	kingj@marash.qld.edu.au

Mr David Miles
Head of Sport

UPCOMING EVENTS

Friday 20 July

Year 5 & 6 Basketball Trials
v Villanova

Saturday 21 July

Basketball & Tennis Trials
v Villanova

Cross Country AIC Trial Meet
@ Limestone Park

Friday 27 July

Round 1 Years 5 & 6 Basketball
v Padua

Cross Country Trial Meet
@ St Patrick's

Saturday 28 July

Round 1 Basketball and Tennis
v Padua

MCA SPORTS CONNECT

Head of Sport

Mr David Miles

milesda@marash.qld.edu.au

Head of Sport (Years 5 & 6)

Mr John Lambourne

lambournej@marash.qld.edu.au

Cross Country Coordinator

Mr David Miles

milesd@marash.qld.edu.au

Basketball Coordinator

Mr Michael Connolly

connollym@marash.qld.edu.au

Head of Strength & Conditioning

Mr Henry Gilbert

gilberth@marash.qld.edu.au

Individual Achievements

Congratulations to:

- Will Valentine who was selected in the 15 years Australian Water Polo Squad, and will attend an Australian Team camp in Canberra this week. This is a fantastic achievement, as Will is the only 14-year-old in the squad. Will was also named captain of the U14 QLD Water Polo team travelling to Auckland 12-16 July to compete at the 2018 Pan Pacs Waterpolo Festival.
- Asher Parkin, James Prole, Tom Prole, Tom Garbellini on their selections in the Met North Cross Country team to compete at the Queensland Championships on the Sunshine Coast from 21-23 July.
- Ben Geraghty, Ben Byrne, John Downes, Zach Hogan, Lachlan Tenison-Woods and Shaquille McLeod who were selected in the AIC rugby team to compete at the QLD 18 years schoolboys trials at Ballymore next week.

Marist Barbarian and Select Points

Each week during the rugby and football season, high performing players from the 1st, 2nd, and A teams in both sports are rewarded with selection in the Barbarian (rugby) and Select (football) Teams of the week. Congratulations to the following students who were selected in the final team for 2018. These boys will be presented their shirts at an Assembly in Term 3.

Barbarian Final Team

1	Josh Pegg	8A
2	Harry McVeigh	2nd XV
3	Harry Gould	8A
4	Ben Geraghty	1st XV
5	Jude Harding	9A
6	Nick Baker	10A
7	Will Valentine	9A
8	Ben Byrne	1st XV
9	Matt Mitchell	10A
10	Shaquille McLeod	1st XV
11	Nick Loughnan	2nd XV
12	Gus Rosanowski	2nd XV
13	Josh Billings	10A
14	Darcy Lewis	9A
15	Zander Knoetze	7A

Football Select Final

1	GK	Fletcher Roebig	1st XI
2	RFB	Sam Vosper	2nd XI
3	CB	Sam Keogan	9A
4	CB	Ryan Oostenbroek	8A
5	LFB	Tom Vosper	1st XI
6	MID	Harry Skinner	10A
8	MID	Riley McIlhatton-Saunders	9A
10	MID	Simon Mifsud	10A
7	RW	Max Hodge	7A
9	ST	Stephen Hanson	2nd XI
11	LW	Andrew Crook	8A

WET WEATHER

It is inevitable that the weather will cause some games and training to be cancelled.

Parents and students are encouraged to download the MCA App for the most up to date announcements regards training and games.

SPORTS CANTEN

SPORTS CANTEENS NEED YOUR HELP

PLEASE SIGN UP HERE

<http://signup.com/go/gTZtWGG>

SPORT PHOTOS AND VIDEOS

The sports department are always looking for photos and videos of the Colleges sporting teams throughout the year. If you wish to share these for use in the Sports newsletter, Blue and Gold, as well as other College publications, we encourage you to please send them to mcasport@marash.qld.edu.au.

Basketball Holiday Training

Please see below for holiday training and clinics for Year 7 & 8 players – Week 2 only.

All players to meet at the Champagnat Centre at the times indicated below.

Please bring all training gear and a water bottle.

Tuesday July 10


9:00am-11:00am	10A Training
11:00am-1:00pm	1st V Training 9A Training
2:00pm-4:00pm	Year 7 Clinic - run by 1st V coach and players

Wednesday July 11

9:00am-11:00am	10A Training
11:00am-1:00pm	1st V Training 9A Training
2:00pm-4:00pm	Year 8 Clinic - run by 1st V coach and players



Thursday July 12

11:00am-1:00pm	1st V Training
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 **MARIST COLLEGE ASHGROVE**

College App Available Now

for iPhone, Android & iPad

Cross Country

With the rugby and football seasons well and truly finished our preparations for the cross country season become increasingly important. As defending AIC champions, and just for being Marist College Ashgrove, we have a large target on our backs again this year.

All boys who are available are encouraged to attend the sessions outlined below over the holiday break and leading into Term 3.

Week 11 Training Dates and Times

- Monday, June 25 & Tuesday June 26 - Training at 6:45am as per normal.
- Wednesday, June 27 - NO TRAINING
- Thursday, June 28 - Training at 8:00 – 10:00am at the College. Drop off and pick up from the College Bus Stop.
- Friday, June 29 - NO TRAINING

Holiday Training

Week 1

Tuesday July 3 - Limestone Park training. Departs at 8:00am from the Hayden Oval bus stop. Bus returns at approximately 12:00pm.

Thursday July 5 - Training at MCA. 8:00am – 10:00am. (boys are welcome to stay longer for a game of touch after training)

Week 2

Tuesday July 10 - Limestone Park training. Bus departs at 8:00am from the Hayden Oval bus stop. Bus returns at approximately 12:00pm.

Thursday July 12 - Training at MCA. 8:00am – 10:00am.

Friday July 13 - Training at MCA. 11:00am - 12:30pm, before the camp. STUDENTS MUST BRING THEIR OWN LUNCH

Cross Country Camp

Friday July 13 – Sunday July 15. All invited students will have their camp information

Term 3

Week 1 – Normal training resumes

For all sessions – Meet at the John Eales Grandstand at 6:30am for 6:45am start.

Training A – Monday/Tuesday

Training B – Wednesday/Thursday

- As a minimum, boys are encouraged to try and get to 1 A and 1 B training session per week.

Cross Country Trial – AIC Practice Meet

IMPORTANT

This is one of only two meets that our squad will attend next term. As it is being held over the AIC Championship Course it is considered compulsory for all cross country runners.

The timing of this competition is to allow boys involved in basketball and tennis trials to attend these trials and still compete at the AIC trial.

Date: Saturday July 21

Venue: Limestone Park, Ipswich

Time: Races begin at 2:00pm (see schedule below)

Transport: All students will travel by bus to and from Limestone Park.

Bus will depart at 12:15pm from the Hayden Oval bus stop and return to the College at approximately 5:00pm.

Any student wishing to travel to the venue or return home with their parents must see a teacher for approval please.

Race Schedule

Year/Age group	Time
Year 5	2:00pm
Year 6	2:15pm
12 / 13 Years	2:30pm
14 / 15 Years	2:50pm
16 Years / Open	3:10pm

Gym Schedule

Holiday Schedule

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	8:00am - 9:00am	JUNIOR (7-9) T&F	BASKETBALL	JUNIOR (7-9) T&F	BASKETBALL	JUNIOR (7-9) T&F
	9:05am - 10:05am	SENIOR (10-12) T&F	RUGBY DEVELOPMENT	SENIOR (10-12) T&F	RUGBY DEVELOPMENT	SENIOR (10-12) T&F
	10:15am - 11:00am	YEARS 5/6 - M.A.D	GENERAL USERS	YEARS 5/6 - M.A.D	GENERAL USERS	YEARS 5/6 - M.A.D

Sports based S&C Gym sessions are designated 16/Opens (Years 11-12) or nominated students only.

Years 5/6 - M.A.D. sessions are via **SIGN UP ONLY**.

TERM 3 - WEEK 1 - SCHEDULE MAY CHANGE

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	6:15am - 7:15am	OPENS SWIMMING / FOOTBALL	RUGBY DEVELOPMENT	OPENS SWIMMING / FOOTBALL	RUGBY DEVELOPMENT	
	7:05am - 8:05am	OPENS BASKETBALL	JUNIOR (7-9) T&F	OPENS BASKETBALL	JUNIOR (7-9) T&F	GENERAL / BOARDERS
	8:35am - 8:50am	YEARS 5/6 - M.A.D		YEARS 5/6 - M.A.D		YEARS 5/6 - M.A.D
LUNCH	BREAK 1					
	BREAK 2	T&F - FLEXIBILITY	OPENS BASKETBALL - FLEXIBILITY	T&F - FLEXIBILITY	OPENS BASKETBALL - FLEXIBILITY	
PM	3:25pm - 4:25pm	T&F - FIELD TRAINING	SENIOR (10-12) T&F	T&F - FIELD TRAINING	SENIOR (10-12) T&F	
	4:25pm - 5:00pm	GENERAL/BOARDERS	SENIOR (10-12) T&F BOARDERS	GENERAL/BOARDERS	SENIOR (10-12) T&F BOARDERS	

Sports based S&C gym sessions are for either designated 1st Opens (Years 11/12) players or nominated students only

Students in Years 8-12 can access gym at designated general sessions (max 25 students)

Basketball Training Schedule - Term 3

Basketball Training – Term 3 schedule

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	G1: 3rds G2: 10B M3: 7D M4: 6C/6D B5: 8D	G1: 7A/7B G2: 10A M3: 4ths M4: 11C	G1: 8C G2: 10D M3: Year 5 M4: Year 5 B5: 7E	G1: 8A/8B G2: 10A M3: Year 6 M4: Year 6	G1: 2nds G2: 3rds M3: 8E
Afternoon	G1: 11A/11B M3: 8B M4: 10C B5: 11D	G1: 1st V G2: 9A/9B M3: 8A M4: 7C	G1: 2nds G2: 11A/B M3: 9C M4: 9D	G1: 1st V G2: 9A/9B M3: 7A/7B M4: 10B B5: 9E	

KEY: G=GYM COURTS, M=MULTI PURPOSE, B=BITUMEN

Tennis Training Schedule - Term 3

The following training schedule is for the entire season. Any changes that may occur will be made through the College APP

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
7:00am – 8:10am	Year 11		Year 11	Year 5 & 6	Year 5 & 6
3:15pm – 4:30pm	Opens	Year 7 – 10	Opens		Year 7 – 10

6 years
and up!



MARIST ASHCARE



8am to 5pm

MARIST ALL-DAY HOLIDAY SCHOOL CARE

JULY HOLIDAYS 2018

July Holidays 9th - 13th July



Excursions
Included



Outdoor
Activities



10 Lane
Heated Pool



Indoor
Sports

- ✓ More than 10 fun indoor/outdoor activities for kids!
- ✓ Excursions Included: Strike Bowling, Laser Tag, Putt Putt Mini Golf and Movieworld / Dreamworld.
- ✓ \$65/day or \$299/5 Days/Week (5% family discount available)
- ✓ Parents can drop off and pick-up at their own times between 8am - 5pm.

Enrol Now!

Limited Positions!

Book Now to avoid disappointment!

VISIT OUR WEBSITE TO BOOK!



For further information please visit our website
or call 0408 766 882

MARISTASHCARE.COM.AU