



## Weekly Sports Report Thursday 20 February, 2020 - Term 1 - Week 4 Inside this edition

From the Head of Sport - Individual Achievements - Uniform expectations: Cricket, Volleyball and AFL  
From College Sport Captain - Q/A Segment - Team of the Week - Round 2 (Volleyball)  
Cricket, Volleyball and AFL Draw - Round 3 v SLC Saturday 22 February - Swim Meet Schedule - Friday 21 February  
Round 2 Cricket, Volleyball and AFL results - Week 4 Training Schedules - ongoing - MARC Running Club



## From the Head of Sport

Unfortunately, last weekend's round of sport was once again affected by the deluge of rain during the week. It was disappointing that we could not get our students playing AFL and cricket, particularly when the sun was shining! Our fields are better than most at handling the rain but even our ovals could not stand up to the amount of rain received. Our fingers are crossed that the recent dry weather that has allowed our fantastic grounds staff to work on the ovals will translate into our teams getting a match this weekend!

Last weekend saw our volleyball teams complete Round 2 against St. Patrick's College. Our teams have started the season well recording 10 wins and 2 losses in the aggregate matches on Saturday. This weekend we are set to match up against traditional rivals St. Laurence's College (SLC). Every weekend our opposition Colleges lift their performances and effort when they play us. This is something we have become used to and is never more so than when we face SLC.

We also ask our students to lift their own performances this weekend and raise our own standards in each and every game we play. Strive to maintain a consistently high level of effort throughout your entire match and I am sure the results will fall your way. Good luck to all students!

With the unpredictability of the weather, students may actually arrive at venues only to find the match cancelled. This is an unfortunate but not uncommon part of playing cricket and we appreciate your patience with this. The decision to cancel any CRICKET games will be made via the College APP. If so, any cancellation of morning matches will be made early in the day. Matches played in the afternoon will be given every opportunity to take place. Regular updates will be made throughout the day.

### HOUSE SWIMMING CARNIVAL

With two-thirds of our senior year levels having completed their carnivals, our Year 9 & 10 students will conclude the carnival tomorrow. It is a close competition in the House rankings with several House teams moving up or down the rankings yesterday. Next week we will provide the final standings and details

### UPCOMING EVENTS

#### Thursday 20 February

Years 9/10 - House Swimming Carnival (P4-6)

#### Friday 21 February

AIC Swim Meet @ SPLC

#### Saturday 22 February

AIC Round 3 Cricket, Volleyball and AFL v SLC (Away)

#### Wednesday 26 February

Met North Swimming Trials (10 - 12 years)

#### Thursday 27 February

Met North Swimming Trials (13-19 years)

#### Monday 2 March

AIC Swimming Championships @ Chandler

### FOLLOW OUR SOCIALS!!!

This year we are launching our new Marist Sport Instagram account. The NEW Sport Instagram account will feature any sporting highlights throughout both trainings and games for the season. Please follow the mca\_sports account.



# From the Head of Sport Continued...

## TERM 2 SPORT SIGN-ONS – STUDENTS MUST LOG IN & SIGN-ON FOR THIS TO WORK!

It is quite unbelievable that we are now mentioning Term 2 sports but here we are! Sign-ons for rugby and football are now open and all students wishing to sign on for these sports can do so by following the instructions below. It is important that we have accurate numbers of boys playing these codes so that teams can be nominated for the AIC competition.

IMPORTANT – Students need to sign on themselves for the system to work.

**All students must complete the sign on before MONDAY FEBRUARY 24**

Football - <https://bit.ly/2P73tgw>

Rugby - <https://bit.ly/2P5HZRi>

## GETTING READY FOR TERM 2

Here are some important things to consider in preparation for Term 2 sport:

- Playing uniform – football/rugby boots, football shirt/rugby jersey, football/rugby shorts
- Protective gear – shin guards, mouthguards, headgear, shoulder pads
- Water bottle – each student should have their own NAMED water bottle to be brought to training and games

**IMPORTANT REMINDER** – Term 1 sports (AFL, cricket, volleyball, swimming and cross country) all take priority over any Term 2 preparations. If there is a clash then students are expected to maintain their commitments to their Term 1 sport.

Please below for some more important reminders:

1. Presentation – how we present ourselves is a strong reaction on our school. Saturday sport is the ideal medium to create a positive public image. This involves ALL students wearing the correct uniform to and from AIC matches. Please see the uniform section below for an example of appropriate attire for Cricket and Volleyball.
2. Training – coaches spend a lot of time planning seasons and training sessions for our teams. It is only fair that students are organised, on time and ready to train for every session.
3. Absence – students are not to send a message about missing training through another student. Please email your coach in advance about why you will miss training.
4. Sports Contacts – Should you have any questions regarding AFL, Cricket, Volleyball, or Swimming, please contact the relevant coordinators of each sport in the first instance.

## COMMUNICATION

With so much happening in Term 1, it is important that students and parents regularly check the main sources of information to receive updates and changes to draws, training timetables etc. Each week, information can be found in:

- The Buzz Newsletter (draws, training timetables, general information & contacts)
- The Marist College Ashgrove APP – please download if you have not already done so!
- Sports noticeboard (outside the gym)
- Morning and afternoon notices
- Emails (students are reminded to check these regularly!)

**Mr David Miles**  
Head of Sport

## MCA SPORTS CONNECT

Head of Sport  
**Mr David Miles**  
[sports@marash.qld.edu.au](mailto:sports@marash.qld.edu.au)

Head of Sport (Years 5 & 6)  
**Mr John Lambourne**  
[lambournej@marash.qld.edu.au](mailto:lambournej@marash.qld.edu.au)

Volleyball  
**Mr Adam Knight**  
[knighta@marash.qld.edu.au](mailto:knighta@marash.qld.edu.au)

AFL  
**Mr Brett Gillett**  
[gillett@marash.qld.edu.au](mailto:gillett@marash.qld.edu.au)

Cricket  
**Mr Brendan Furdek**  
[ashgrovecricket@marash.qld.edu.au](mailto:ashgrovecricket@marash.qld.edu.au)

Swimming  
**Ms Cath Geraghty**  
[geraghtyc@marash.qld.edu.au](mailto:geraghtyc@marash.qld.edu.au)

Head of Strength & Conditioning  
**Mr Simon Price**  
[prices@marash.qld.edu.au](mailto:prices@marash.qld.edu.au)

## WET/EXTREME WEATHER

In the event of wet or extreme weather, any cancellations of training or matches will be communicated through the Marist College Ashgrove College APP. Please check this regularly if poor weather looks imminent.

### SATURDAY SPORT

Unless there is extreme weather, no decisions will be made until the morning of competition. The APP will be updated as regularly as possible.

### TRAINING

We will aim to let students know by 2nd break if possible. This is not always realistic, so we encourage all students to have a contingency plan if poor weather arrives late in the day.

## SPORT PHOTOS AND VIDEOS

The sports department are always looking for photos and videos of the Colleges sporting teams throughout the year. If you wish to share these for use in the Sports newsletter, Blue and Gold, as well as other College publications, we encourage you to please send them to [mcasport@marash.qld.edu.au](mailto:mcasport@marash.qld.edu.au)

# South Africa Cricket Tour 2021

There will be an information evening for boys wishing to be part of a possible January 2021 Cricket Tour to Sri Lanka in the Tower Function room on Thursday 20 February at 6:00pm.

If you have any questions regarding this, please contact Ben Maddox [maddoxb@marash.qld.edu.au](mailto:maddoxb@marash.qld.edu.au)



**Cape Town, Stellenbosch, Knysna, Albertina**



## HIGHLIGHTS:

- 5 x Match Days
- Full Day Peninsula Tour (Table Mountain & Cable Car; Duiker Island Cruise; Cape of Good Hope Nature Reserve; Boulder's Beach Penguin Colony)
- Shopping in Cape Town
- Robben Island & Prison Tour
- Knysna Elephant Park
- 2 Day Game Drive

**Information Night: Thu, 20<sup>th</sup> February 2020, 6.00pm**

Venue: Tower Function Room. If you miss the information evening please contact Ben Maddox for more details.



## Individual Achievements

- Congratulations to Hunter Dreghorn and Josh Small who were presented on assembly today as Co-captains of the 2020 AIC Swimming team. Both students spoke very well in acknowledging the efforts of all swimmers in the program and encouraging the support of the College for our team leading into the Championships on Monday 2 March. They presented the Open squad to the College from which our final Open team will be selected as we near the AIC championships. Congratulations to all the students selected below:

### Year 12

Jordan Chugg	Joshua Gronbach
Josh Crook	Hayden Hastie
Will Cruickshank (VC)	Macgregor Leavy
Hunter Dreghorn (C)	George Perrers
Edward Evans	Josh Small (C)
Riley Grace (VC)	John Spencer

### Year 11

Will Andreas	Will Walker
Lachlan Arthur	Noah Wright
Jakub Bennett	
Hugh Gibson	
Oliver King	
Nick Ryan	

## From the College Sport Captain

This week's round wrap up is written by House Sports Captain and 1st VI Volleyball player Neasan Sheehan.

Round 2 of Term 1 sport saw Ashgrove take on St Patricks. It was our first home game of the season and again rain cancelled both AFL and cricket. The First volleyball boys were victorious against a challenging St Pats side. We were tested and lessons were learnt but the winning streak continued making it 2 from 2 for the boys. It was an inspiring performance by skipper Adam Green as well as another entertaining display by Toby Bergh. We head into what may be our premiership match against St Laurence's this Saturday. With this game being important for the team we would love to see the Swarm out there getting right behind us!

Good luck to all teams this weekend!

## Associated Independent Colleges Social Accounts

Associated Independent Colleges (AIC) are now on Facebook and Instagram!

On Facebook - <https://www.facebook.com/aicsports/>

On Instagram - [https://www.instagram.com/aic\\_sport/](https://www.instagram.com/aic_sport/)

## Uniform

A very important part of representing Ashgrove in any sporting competition is our presentation. With us leading into round two of AIC Cricket, Volleyball and AFL, all students should be aware of the correct uniform for their particular sport. It is the position of our College and most AIC colleges that no student should be on the court or field if they are not dressed in the correct uniform. All coaches will be asked to not put a player on until they have the correct uniform so please organise this ASAP.

Please see photos below as examples of correct Cricket and Volleyball. For students participating in AFL, shorts (pictured below) and socks must be purchased. AFL Guernsey will be supplied on game day. Swimming – Please refer to the College APP – Sports/Swimming for further information.



## From the College Sport Captain Continued...

This week Tom Collier sat down with our First XVIII AFL Captain Nick Fisher and First XI Head Coach Ben Maddox.

### TIME OUT WITH ...

#### NICK FISHER

**Nick, give us a brief history of your playing career?**

I started playing 4 years ago. I initially played for the Moree Suns, and since then I've been lucky enough to make a few rep teams along the way. The position I play is forward flank and I love having a run around in the middle of the field.

**What do you enjoy the most about captaining the side?**

It is a real privilege to captain any sporting side at Marist. I'm very lucky that I lead and am amongst such a great group of boys in the team. The captaincy also gives me an extra opportunity to share my experience with the other boys as well and really lead from the front.

**What can the school expect to see from the 1st VI in 2020? Who are some players to look out for?**

I can assure you that each game is going to be a tough and physical contest, especially the Round 5 class against Villanova. Jack O'Flaherty, makes up part of our backline, will be a player to definitely look out for due to his outstanding defence and presence on the field. It would be greatly appreciated if we could see the Swarm come out to our games and support the boys as I promise you will not be disappointed with the show we put on!



### TIME OUT WITH ...

#### MR BEN MADDOX

**Mr Maddox, can you give a brief history of your playing and coaching career?**

My involvement with cricket, like most kids, began at a young age, playing backyard cricket with my brother. Soon after I was playing junior club cricket at Bald Hills which eventually led to stints at a couple of senior clubs Toombul and Western Suburbs. All up I played 20 seasons of premier cricket before a few injuries got the better of me, and it was these injuries that opened the door for my involvement with coaching. I am now in my 11th season of coaching the 1st XI at MCA and have more recently taken up a position coaching the women's premier grade side at my old club Wests. Along the way I have completed a High-Performance Coaching Course with Cricket Australia and hope to complete my Masters in Sports Coaching by the end of this year.

**Who have been some of your favourite players to coach in your career?**

Difficult to single out a few names as I have been fortunate to work with so many great athletes over the years, a number of them are still playing at a high level. My favourite players are those that have a great work ethic who are always looking to improve themselves and put the needs of the team ahead of their own.

**What are your proudest moments as in your coaching career?**

Obviously winning six AIC premierships and three Marist Carnivals over the years have been wonderful experiences in their own right. The women's team has also been very successful over the last couple of seasons with One-Day and T20 championship wins but the thing that makes me most proud is seeing the number of players I've spent time with at school who are still sharing a passion for the game and have continued playing a few years on. At last check, I think around 30 of those who have left Marist in the last 10 years are still playing grade cricket and around half of them are playing 1st or 2nd grade. To know that they are still enjoying their cricket and having success has been the most rewarding aspect of coaching.



## Teams of The Week – Round 1 v SPC

Each week during Cricket and Volleyball season, the best performing players from 1sts, 2nds, and A teams down to Year 7 will be selected in the Team of the Week. At the conclusion of the season, a Team of the Season will be selected and presented at assembly. Please see below for the volleyball team of the week v SPC. With the washed-out Cricket and AFL matches affecting the schedule in Round 2, these teams of the week will begin after Round 3.

Volleyball Round 2		
1	Toby Bergh	1st VI
2	Floyd Aubrey	2nd VI
3	Fergal Apps	11A
4	Jeremy Vanderbyl	10A
5	Jonah Titifanua	9A
6	Pedro Hoffman	8A
7	Sean Green	7A

## Swimming - Term 1, Week 4

After 5 months of training, the “pointy end” of the 2020 AIC Swimming season is looming ever so close, with the AIC Championships now less than two weeks away. Our swimmers have trained long and hard, raced fast and furiously and now await the announcement of the team next Tuesday.

Our captains have already been announced and congratulations to Hunter Dreghorn and Joshua Small (captains) and Will Cruickshank and Riley Grace (vice-captains). These four young men have been chosen for their demonstrated leadership, their positive attitude and their commitment to the ethos of Marist swimming. Our Year 12 swimmers have all risen to the occasion in their dedication to training and displays of leadership amongst the younger swimmers. They are all to be congratulated on their attitude and approach to their final year of Marist swimming.

Lead-up meets have been very well attended this season, with our final preparation meet this Friday at St Peter’s Lutheran College. Our College Age Championships were held on Monday this week and results of this meet will be published in next week’s Buzz.

Good luck to our swimmers as they prepare physically and mentally for the challenges of the 2020 AIC Championships.

## MARC (Marist Ashgrove Running Club)

**January - March; Term 1**

**MARC Coordinator: Peter Lehmann**

Interested in improving your fitness level? Want to prepare yourself better for your chosen sport? Or do you just love running? The College may just have the club for you. MARC (Marist Ashgrove Running Club) provides you with the opportunity to train with a group of like-minded people to achieve your personal fitness goals.

The club will be active in Term 1 2020, **meeting before school at 6.45am for a 7am start each Tuesday, Thursday and Friday morning at Flat 5**. After sessions, club members are usually able to use the College Pool for recovery. Basic fitness through to elite level is catered for.

All are welcome to be part of MARC – by all, we mean all students, staff and parents. Those who attend MARC sessions have a choice of the following:

1. Running for fun or general fitness
2. Following a Head Coach-directed pre-Cross-Country season program with pace targets
3. Participating alongside and providing leadership to the younger boys

You do not have to be part of Cross Country to attend sessions, though many students will use MARC as a preseason to provide a base in preparation for the upcoming Cross Country and Middle-Distance seasons.

Like everything else distance running-related at the College, MARC now takes a whole-College approach by including our Years 5 & 6 students. Considering the vast differences in age and ability, the younger boys will usually undertake slightly different sessions to the older boys. In the past, the younger boys have been generously supported (and often coordinated) by volunteer-parents – this high-level of parent involvement is once again encouraged as will ensure the active level of supervision required.

## AIC CRICKET RESULTS TABLE 2020

	SPLC	SPC	SLC	SEC	VILLANOVA	PADUA	IONA
1st XI	WASH OUT	WASH OUT					
2nd XI	WASH OUT	WASH OUT					
3rd XI	WASH OUT	WASH OUT					
4th XI	WASH OUT	WASH OUT					
5th XI	WASH OUT	WASH OUT					
6th XI	WASH OUT	WASH OUT					
10A	WASH OUT	WASH OUT					
10B	WASH OUT	WASH OUT					
10C	WASH OUT	WASH OUT					
10D	WASH OUT	WASH OUT					
9A	WASH OUT	WASH OUT					
9B	WASH OUT	WASH OUT					
9C	WASH OUT	WASH OUT					
9D	WASH OUT	WASH OUT					
9E	WASH OUT	WASH OUT					
8A	WASH OUT	WASH OUT					
8B	WASH OUT	WASH OUT					
8C	WASH OUT	WASH OUT					
8D	WASH OUT	WASH OUT					
8E	WASH OUT	WASH OUT					
8F	WASH OUT	WASH OUT					
7A	WASH OUT	WASH OUT					
7B	WASH OUT	WASH OUT					
7C	WASH OUT	WASH OUT					
7D	WASH OUT	WASH OUT					
7E	WASH OUT	WASH OUT					
7F	WASH OUT	WASH OUT					
7G	WASH OUT	WASH OUT					
6A	WASH OUT	WASH OUT					
6B	WASH OUT	WASH OUT					
6C	WASH OUT	WASH OUT					
6 GOLD	WASH OUT	WASH OUT					
6 WHITE	WASH OUT	WASH OUT					
6 GREEN	WASH OUT	WASH OUT					
5A	WASH OUT	WASH OUT					
5B	WASH OUT	WASH OUT					
5C	WASH OUT	WASH OUT					
5 GOLD	WASH OUT	WASH OUT					
5 WHITE	WASH OUT	WASH OUT					
5 GREEN	WASH OUT	WASH OUT					
5 BLUE	WASH OUT	WASH OUT					

## AIC VOLLEYBALL RESULTS TABLE 2020

	SPLC	SPC	SLC	SEC	VILLANOVA	PADUA	IONA
1st VI	3-0 win	3-0 win					
2nd VI	2-1 win	1-2 loss					
3rd VI	2-1 win	2-0 win					
4th VI	2-0 win	2-0 win					
11A	0-2 loss	2-0 win					
11B	2-1 win	0-2 loss					
11C	2-1 win	2-0 win					
11D	2-1 win	0-2 loss					
10A	2-1 win	2-1 win					
10B	2-0 win	2-0 win					
10C	2-1 win	2-0 win					
10D	0-2 loss	2-0 win					
9A	0-2 loss	1-2 loss					
9B	2-1 win	3-0 win					
9C	1-2 loss	2-1 win					
9D	3-0 win	3-0 win					
8A	2-1 win	2-1 win					
8B	3-0 win	2-1 win					
8C	3-0 win	2-1 win					
8D	3-0 win	2-1 win					
7A	2-1 win	3-0 win					
7B	3-0 win	3-0 win					
7C	3-0 win	3-0 win					
7D	3-0 win	3-0 win					

## AIC AFL RESULTS TABLE 2020

	SPLC	SPC	SLC	SEC	VILLANOVA	PADUA	IONA
1st XVIII	WASH OUT	WASH OUT					
YEAR 8/9	WASH OUT	WASH OUT					
YEAR 7	WASH OUT	WASH OUT					
6A	WASH OUT	WASH OUT					
6B	WASH OUT	WASH OUT					
5A	WASH OUT	WASH OUT					
5B	WASH OUT	WASH OUT					



## AIC SWIMMING

Hosted by:	St Peters Lutheran College – Friday 21 February 2020
Competing Colleges:	St Laurence's College, St Edmunds College, Villanova College, St Patricks College, Marist College, St Peters Lutheran College
Venue:	St Peters Lutheran College, 50m Pool, Lohe St Entrance (Bus stop use Harts Rd entrance)
Warm Up:	4:15pm
Start:	4:30pm
Finish:	6:30pm approx.
Officials:	Each College is responsible for timing and recording the performances of its own swimmers.
Notes:	Marshalling and the start will occur at the grassed area of the pool. Timekeepers and recording will operate at the covered eastern end of the pool.  Canteen in Operation: Food and drinks will be available for purchase at the pool.

## FORMAT

TIME	EVENT	AGE GROUP
4:30pm	100m Freestyle *Maximum 3 swimmers per Age Group	Year 5 - Open
4:50pm	50m Breaststroke	Year 5 - Open
5:10pm	50m Backstroke	Year 5 - Open
5:30pm	50m Freestyle	Year 5 - Open
5:50pm	50m Butterfly	Year 5 - Open
6:10pm	Freestyle/Medley Relays *only 2 races per age group	Year 5 - Open

## LANE DRAW

LANE	COLLEGE
1	Spare
2	St Laurence's College
3	St Edmunds College
4	Villanova College
5	St Patricks College
6	Marist College Ashgrove
7	St Peters Lutheran College
8	St Peters Lutheran College

# AIC VOLLEYBALL

MARIST COLLEGE vs SLC – Saturday 22 February 2020

Volleyball Coordinator: Mr Adam Knight

- All players to arrive at least 30 mins prior to game time
- All students are expected to be in correct uniform at all times – Volleyball playing shirt and sport shorts.

## HOME GAMES

DATE – SATURDAY 22 FEBRUARY 2020			
VENUE – Marist College Ashgrove. Frasers Rd, Ashgrove			
Time	Champagnat Centre Court 1	Champagnat Centre Middle Court	Champagnat Centre Court 2
7:30am	8D	9D	7D
8:15am	8C		7C
9:00am	8B		7B
10:00am	8A		7A
11:00am	9B		9C
12:00pm	9A		ASH 11D v SPC 11C

## AWAY GAMES

DATE – SATURDAY 22 FEBRUARY 2020		
VENUE – St Laurence's College. 82 Stephens Road, South Brisbane		
Time	Court 1	Court 2
7:45am	4th VI	10D
8:30am	11B	11C
9:30am	3rd VI	10C
10:30am	11A	10B
11:30am	2nd VI	10A
12:30pm	1st VI	

## DUTY SCHEDULE

DATE – FRIDAY 21 FEBRUARY 2020 - 3:30PM & 4:30PM				
COURT 1 (1 GAME)	MIDDLE (1 GAME)	COURT 2 (1 GAME)	MPC 1 (1 GAME)	MPC 2 (1 GAME)
Toby Bergh	Adam Green	Henry Howse	Jeremy Vanderbyl	Joel Burgin

DATE – SATURDAY 22 FEBRUARY 2020			
TIME	COURT 1	MIDDLE COURT	COURT 2
7:30am	8D Duty – 8C: James Rudder	9D Duty – 8C/7C: Yentl Palm	7D Duty – 7C: Tayla Palm
8:00am	8C Duty – 8D: James Rudder		7C Duty – 7D: Tayla Palm
9:00am	8B Duty – 8A: 1st James Rudder, 2nd Tayla Palm		7B Duty – 7A: 1st Yentl Palm, 2nd Paul Kearney
10:00am	8A Duty – 8B: 1st James Rudder, 2nd Tayla Palm		7A Duty – 7B: 1st Yentl Palm, 2nd James Dupont
11:00am	9B Duty – 9A: 1st James Rudder, 2nd Tayla Palm		9C Duty – 11D: Yentl Palm
12:00pm	9A Duty – 9B: 1st James Rudder, 2nd Tayla Palm		11D v SPC 11C Duty – 9C: Yentl Palm

# AIC CRICKET

MARIST COLLEGE vs SLC – Saturday 22 February 2020

Cricket Coordinator: Mr Brendan Furdek

- All players to arrive at least 30 mins prior to game time
- All students are expected to be in correct uniform at all times – Cricket Whites

## HOME GAMES

TEAM	TIME	VENUE	OVAL	OVERS
6th XI v Villa 5th XI	11:15am – 2:15pm	Mt Maria Playing Fields. Lade Street	Field 1	T20
10D Gold v Villa 10D	11:15am – 2:15pm	Mt Maria Playing Fields. Lade Street	Field 2	T20
9A	8:00am – 12:30pm	Marist College. Frasers Rd, Ashgrove	McMahon Oval	35
9B	8:00am – 12:30pm	Marist College. Frasers Rd, Ashgrove	Cameron Oval	35
9C	8:00am – 11:00am	Mt Maria Playing Fields. Lade Street	Field 1	T20
9D v Padua 9C	8:00am – 11:00am	Mt Maria Playing Fields. Lade Street	Field 2	T20
8A	1:00pm – 5:30pm	Marist College. Frasers Rd, Ashgrove	McMahon Oval	30
8B	1:00pm – 5:30pm	Marist College. Frasers Rd, Ashgrove	Hayden Oval	30
8C	2:15pm – 5:15pm	Des Connor Park. Grevillea Rd, Ashgrove	Flat 5	T20
8D	2:15pm – 5:30pm	Des Connor Park. Grevillea Rd, Ashgrove	Flat 6	T20
8E White v Padua 8D	1:00pm – 4:00pm	Des Connor Park. Grevillea Rd, Ashgrove	Flat 7	T20
7A	1:00pm – 5:30pm	Marist College. Frasers Rd, Ashgrove	Cameron Oval	30
7B	8:00am – 12:30pm	Marist College. Frasers Rd, Ashgrove	Hayden Oval	30
7C	11:00am – 2:00pm	Des Connor Park. Grevillea Rd, Ashgrove	Flat 5	T20
7D	11:00am – 2:00pm	Des Connor Park. Grevillea Rd, Ashgrove	Flat 6	T20
7E	10:00am – 1:00pm	Des Connor Park. Grevillea Rd, Ashgrove	Flat 7	T20
7F Green v Padua 7E	1:00pm – 4:00pm	Des Connor Park. Grevillea Rd, Ashgrove	Flat 8	T20
5A	8:00am – 11:00am	Des Connor Park. Grevillea Rd, Ashgrove	Flat 5	25
5B	8:00am – 11:00am	Des Connor Park. Grevillea Rd, Ashgrove	Flat 6	25
5C	7:30am – 10:00am	Des Connor Park. Grevillea Rd, Ashgrove	Flat 7	T20
5 Gold	7:30am – 10:00am	Des Connor Park. Grevillea Rd, Ashgrove	Flat 8	T20
5 Green v Padua 5E	10:00am – 12:30pm	Des Connor Park. Grevillea Rd, Ashgrove	Flat 8	T20

SUPPLEMENTARY GAMES ARE HIGHLIGHTED

## AWAY GAMES

TEAM	TIME	VENUE	OVAL	OVERS
1st XI	9:30am – 5:30pm	SLC Playing Fields – Nathan Road, Runcorn	Field 1 (Turf)	50
2nd XI	1:00pm – 5:30pm	SLC Playing Fields – Nathan Road, Runcorn	Field 2 (Turf)	35
3rd XI	1:00pm – 5:30pm	SLC Playing Fields – Nathan Road, Runcorn	Field 7 (Turf)	35
4th XI	1:00pm – 5:30pm	Leopardwood Street Park, Cnr Leopardwood Street and Daw Road, Runcorn	Field 1 (Syn)	35
5th XI v Villa 4th XI	1:00pm - 4:00pm	Kianawah Park, Wynnum Road, Tingalpa	Field 9 (Syn)	T20
10A	8:15am – 12:45pm	SLC Playing Fields – Nathan Road, Runcorn	Field 2 (Turf)	35
10B	8:00am – 12:30pm	SLC Playing Fields – Nathan Road, Runcorn	Field 7 (Turf)	35
10C	1:00pm – 4:00pm	Leopardwood Street Park, Cnr Leopardwood Street and Daw Road, Runcorn	Field 2 (Syn)	T20
9E White v Villa 9D	8:00am – 11:00am	Villanova Park, Manly Rd, Tingalpa	Field 4	T20
8F Green v Villa 8D	2:30pm – 5:30pm	Villanova Park, Manly Road, Tingalpa	Field 4	T20
6A	8:00am – 11:30am	SLC Playing Fields – Nathan Road, Runcorn	Field 6	25
6B	8:00am – 11:30am	SLC Playing Fields – Nathan Road, Runcorn	Field 8	25
6C	7:30am – 10:00am	St Laurence's College – 82 Stephens Road, South Brisbane	Gair Field 1	T20
6 Gold	7:30am – 10:00am	St Laurence's College – 82 Stephens Road, South Brisbane	Gair Field 2	T20
6 White v Padua 6D	10:00am – 12:30am	Boyd Park, 11 Boyd Road, Nundah	(Syn)	T20
6 Green v Padua 6F	10:00am – 12:30pm	Melrose Park, Rose Street Wooloowin	(Syn)	T20
5 White v ATC 5F	10:00am – 12:30pm	Jindalee State School – Wongaburra Street, Jindalee	(Syn)	T20
5 Blue v ATC 5E	7:30am – 10:00am	Jindalee State School – Wongaburra Street, Jindalee	(Syn)	T20

SUPPLEMENTARY GAMES ARE HIGHLIGHTED

## BYES

TEAM
7G BLUE

## AIC AFL

MARIST COLLEGE vs SPC – Friday 21 & Saturday 22 January 2020

AFL Coordinator: Mr Brett Gillett

- All players to arrive at least 30 mins prior to game time
- All students are expected to be in correct uniform at all times – AFL Singlet and Shorts

### FRIDAY AFTERNOON - Friday 21 February

TEAM	TIME	VENUE
1st XVIII v SLC	7:00pm	Coorparoo FC, 33 Birubi Street Coorparoo
YEAR 8/9 v SLC	5:45pm	Coorparoo FC, 33 Birubi Street Coorparoo

### SATURDAY MORNING – Saturday 22 February

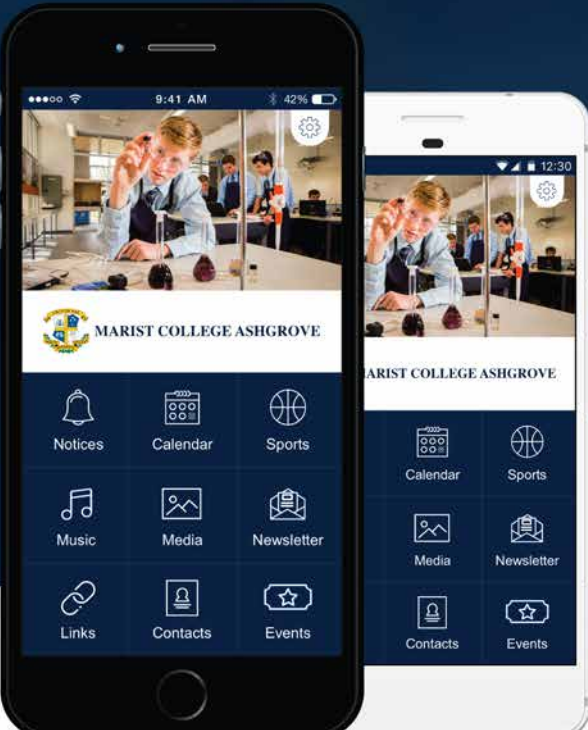
TEAM	TIME	VENUE
YEAR 7 v SLC	8:00am	Field 4, SLC Playing Fields. Nathan Road, Runcorn QLD 4113
6A v SLC	10:30am	Oval 3. Cansdale Street, Yeronga QLD 4104
6B v SLC	10:30am	Oval 4. Cansdale Street, Yeronga QLD 4104
5A v SLC	9:15am	Oval 3. Cansdale Street, Yeronga QLD 4104
5B v SLC	8:00am	Oval 3. Cansdale Street, Yeronga QLD 4104



**MARIST COLLEGE ASHGROVE**

# College App Available Now

for iPhone, Android & iPad









# Cricket Training Schedule 2020

Nets are all numbered directly above the net.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING</b> 7:00 – 8:00am	Cameron Oval Nets	Cameron Oval Nets	Cameron Oval Nets	Cameron Oval Nets	Cameron Oval Nets
	1	1	1	1	1
	2	2	2	2	2
	3	3	3	3	3
	4	4	4	4	4
	5	5	5	5	5
	6	6	6	6	6
	7	7	7	7	7
	8	8	8	8	8
	9	9	9	9	9
	10	10	10	10	10
	11	11	11	11	11
12	12	12	12	12	
	9A Fielding/Nets 9A		9A Fielding/Nets 9A	9D	8A
	9B Fielding/Nets 9B		9B Fielding/Nets 9B	9D	8A
	9C		9C		8B
	9C		9C	7D	8B
	6B			7D	4th XI
	6B			7D	4th XI
	6A			7E	8D
	6A			7E	8D
			9E		8E
			9E		8E
					8F
					8F
	Sports Synthetic Nets	Sports Synthetic Nets	Sports Synthetic Nets	Sports Synthetic Nets	Sports Synthetic Nets
1	1	1	1	1	1
2	2	2	2	2	2
3	3	3	3	3	3
4	4	4	4	4	4
5	5	5	5	5	5
6	6	6	6	6	6
7	7	7	7	7	7
8	8	8	8	8	8
	6 GREEN		8D	5 WHITE	5A
	6 GREEN		8D	5 WHITE	5A
	6 WHITE			5 BLUE	
	6 WHITE			5 BLUE	6 GOLD
	6C		5B	5 GREEN	6 GOLD
	6C		5B	5 GREEN	10C
			5 GOLD	5C	10C
			5 GOLD	5C	
	Cameron: Hayden: YEAR 6 AFL McMahon:	Cameron: Hayden: YEAR 5 AFL McMahon:	Cameron: Hayden: 1st XVIII McMahon:	Cameron: Hayden: AFL INTERMEDIATES 8/9 McMahon: Flat 5: 1ST XI FOOTBALL	Cameron: Hayden: JUNIORS 7 McMahon:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AFTERNOON</b> 3:30 – 5:00pm	Cameron Oval Nets	Cameron Oval Nets	Cameron Oval Nets	Cameron Oval Nets	Cameron Oval Nets
	1	1	1	1	1
	2	2	2	2	2
	3	3	3	3	3
	4	4	4	4	4
	5	5	5	5	5
	6	6	6	6	6
	7	7	7	7	7
	8	8	8	8	8
	9	9	9	9	9
	10	10	10	10	10
	11	11	11	11	11
12	12	12	12	12	
	9A	8A-Nets/Field	1st XI Squad	10A Nets/Field	
	9A	8A	1st XI Squad	10A	
	9B	8B-Nets/ Field	1st XI Squad	2nd XI	
	9B	8B		2nd XI Nets/Field	
	9C			10B	
	9C	7A		10B	
	7D	7A	3rd XI	10C	
	7D	7B	3rd XI	10C	
	3rd XI	7B		10D	
	3rd XI	7C	9D	10D	
		7C	9D	8C	
				8C	
	Sports Synthetic Nets	Sports Synthetic Nets	Sports Synthetic Nets	Sports Synthetic Nets	Sports Synthetic Nets
1	1	1	1	1	1
2	2	2	2	2	2
3	3	3	3	3	3
4	4	4	4	4	4
5	5	5	5	5	5
6	6	6	6	6	6
7	7	7	7	7	7
8	8	8	8	8	8
	10A	8C	4th XI	7A	
	10A	8C	4th XI	7A	
	2nd XI	10B	5th XI	7B	
	2nd XI	10B	5th XI	7B	
			6th XI	7C	
			6th XI	7C	
	FLATS	FLATS	FLATS	FLATS	FLATS
5	5	5	5	5	5
6	6	6	6	6	6
7	7	7	7	7	7
8	8	8	8	8	8
9	9	9	9	9	9
		1ST XI FOOTBALL		1ST XV RUGBY	
		YEAR 5		YEAR 6	
		YEAR 5		YEAR 6	
		YEAR 5		YEAR 6	
	MARIST COLLEGE FIELDS	MARIST COLLEGE FIELDS	MARIST COLLEGE FIELDS	MARIST COLLEGE FIELDS	MARIST COLLEGE FIELDS
	Cameron: Hayden: 1st XVIII (AFL) McMahon: 1st XI Squad CW	Cameron: Hayden: AFL INTERMEDIATES 8/9 McMahon:	Cameron: Hayden: JUNIOR 7 AFL McMahon:	Cameron: Hayden: AFL YEARS 5/6 McMahon: 1st XI Fielding	Cameron: Hayden: McMahon:

# Volleyball Training Schedule 2020

## Morning Volleyball Training 6:45am – 8:00am

Venue	Court	Monday AM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM
Champagnat Centre	1	11A	9D	11A /Open 2nd		8A
	Middle	Open 2nd	9C	8D		8B
	2	8C	7C	7D	7B	7A/7B

## Afternoon Volleyball Training 3:30pm – 5:00pm

Venue	Court	Monday PM	Tuesday PM	Wednesday PM	Thursday PM	Friday PM
Champagnat Centre	1	Open 1st	10B	9A	Open 1st	Internal Games
	Middle	Internal Training (+ MPC)	8A	9B	8B	Internal Games
	2	Internal Training	10A	7A	* Open 4th	Internal Games

\* Open 4th – Training will be 3:30pm on alternative days - Thursday Day 4 and Wednesday Day 8

## Evening Volleyball Training 5:00pm – 6:30pm

Venue	Court	Monday PM	Tuesday PM	Wednesday PM	Thursday PM	Friday PM
Champagnat Centre	1	9A	Open 1st	Open 3rd	11C/11D	
	Middle		Open 1st	10B	11B	
	2	Open 3rd	9B	10C/10D	10A	

# AFL Training Schedule 2020

Hayden Oval

Timetable for training:

- 1st XVIII - Monday 3:30pm till 4:45pm and Wednesday 6:45am till 8:00am on Hayden - Play Friday evenings
- Intermediates Years 8/9- Tuesdays 3:30pm till 4:45pm and Thursday 6:45am till 8:00am on Hayden - Play Friday evenings
- Juniors Year 7- Wednesday's 3:30pm till 4:45pm and Fridays 6:45am till 8:00am on Hayden - Play Saturday mornings
- 5s As and Bs – Tuesday's 7:00am – 8:00am and Thursdays 3:30pm till 4:45pm on Hayden Oval - Play Sat mornings
- 6s As and Bs - Monday's 7:00am – 8:00am and Thursdays 3:30pm till 4:45pm on Hayden Oval- Play Sat mornings

ALL TRAININGS ON HAYDEN OVAL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM	6s	5s	1st XVIII	Intermediates 8/9s	Juniors 7s	Game 5/6 Game 7s
Break 1				Firsts Team meeting		
PM	1st XVIII	Intermediates 8/9s	Juniors 7s	5s 6s	Game 8/9s Game First's	

## Strength and Conditioning Timetable

### MARIST COLLEGE GYM SCHEDULE - TERM 1 2020

		Monday 17 Feb	Tuesday 18 Feb	Wednesday 19 Feb	Thursday 20 Feb	Friday 21 Feb	
AM	6:35am - 7:20am	OPEN RUGBY (BOARDERS)	SENIOR SWIMMING	OPEN RUGBY (BOARDERS)	SENIOR SWIMMING	OPEN RUGBY (BOARDERS)	
	7:20am - 8:05am	OPEN RUGBY (DAY BOYS)	JUNIOR SWIMMING	OPEN RUGBY (DAY BOYS)	OPENS CRICKET (GYM)	JUNIOR SWIMMING	OPEN RUGBY (DAY BOYS)
	8:35am - 8:50am	MAD - Year 5 / 6		MAD - Year 5 / 6		MAD - Year 5 / 6	
LUNCH	BREAK 1						
	BREAK 2						
PM	3:25pm - 4:10pm	OPENS FOOTBALL (GYM)	OPEN AFL	OPENS FOOTBALL (GYM)	OPEN AFL	GENERAL USERS	
	4:10pm - 4:55pm	GENERAL USERS	OPENS CRICKET (GYM)	GENERAL USERS	GENERAL USERS		

# ALLSPORTS PHYSIOTHERAPY



## SCHOOL MEDICAL CENTRE

Monday & Thursday 3:30pm – 5:30pm

**DISCOUNTED RATES: \$68** Students

(Private Health Rebates available)

- Sporting Injuries
- Sports Specific Screening
- Injury Prevention
- Postural Neck / Back Pain
- Rehab Programs
- Musculoskeletal Conditions

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For bookings contact **ALLSPORTS RED HILL:**

☎ 3217 5955

✉ [redhilladmin@allsportsphysio.com.au](mailto:redhilladmin@allsportsphysio.com.au)

or contact Marist College Medical Centre



Marist College Ashgrove



# INVITATION

MARIST COLLEGE ASHGROVE KINDLY INVITES YOU TO THE

# CHAMPAGNE TRUST SPORTS LUNCH

Friday 13 March 2020

## CO-PATRONS



John Eales



Matthew Hayden

12:00pm - Plaza Ballroom, Brisbane Exhibition & Convention Centre

TICKETS \$195 or \$1,950 PER TABLE OF 10

Includes Two Course Lunch with Beverages, Entertainment, Charity Auction, Raffles and a \$20 Table Draw ticket.

Registration and payment online via [www.trybooking.com/559356](http://www.trybooking.com/559356)  
Limited Tickets Available

**PLATINUM TABLE: \$5,000**

Table of 12, includes private meet and greet with co-patrons and special guests, giftbag, premium beverages and premium table location.

## MASTER OF CEREMONIES



Mick Colliss



Steve Waugh



Jeff Horn



Kim Hughes



Andrew Mehrrens



Peter Greste

## SPECIAL GUESTS

PROUDLY SPONSORED BY:



Event Enquiries: Marist College Ashgrove Events Department - [events@marash.qld.edu.au](mailto:events@marash.qld.edu.au)