



Weekly Sports Report Thursday 29 August, 2019 - Term 3 - Week 7

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From the Head of Sport

It is hard to believe there are only 2 weeks left in the Term 3 season! With time rapidly disappearing it is important all students are aiming to finish their seasons strongly and that the boys involved in track and field are building towards their Championships in early Term 4. This also represents the final stages of sport for our Year 12 students as they come to the end of their time at Marist College Ashgrove. We wish all of our seniors the best for the final rounds and hope they cherish these final moments with their mates.

Once again, our MCA hockey team will contest the grand final of the BHSC at the State Hockey Centre following a 4-1 victory over Padua College in the semi-finals. This result sets up the Grand Final clash with Kelvin Grove State High School. This is a great result for the team after weeks of preparation and the team working hard together over the past few years. We wish them the very best of luck!!

Congratulations to the many boys who competed at the Metropolitan North Track & Field Championships over the past two days at UQ. With the first AIC competition held on Thursday night this made a very long 13-hour day for a few boys and many staff. Thank you to all of the staff involved for this commitment to our students and well done to all boys who have worked for their great results over the past few days.

Our Round 5 opponent this weekend is Villanova College in basketball, rugby league and tennis with the central venue for the rugby league competition being at Villanova College. It is always a challenging round in basketball against the reigning aggregate champions that our boys are looking forward to. Good luck to all!

Uniform

With only three matches remaining please do not let the standards of uniform slide any further. All students need to be wearing BLUE shorts in competition along with the appropriate socks. The new College hoodie or sports jacket are the items of choice for the cooler mornings. This has been emphasised throughout the entire season and we need to ensure we finish this term of sport well presented.

Track and Field

Please check the training schedule on the next page carefully! This is the schedule for the remainder of the Term. This is a key time in the track and field season and all boys need to start to prioritise their training commitments. The September holidays always pose a challenge in the middle of a training program and make it very difficult to achieve great results if the training does not start now.

Mr David Miles, Head of Sport

UPCOMING EVENTS

Thursday 29 August

AIC Track & Field Meet

Thursday 29 August – Friday 30 August

Metropolitan North Track & Field

Friday 30 August

Year 5 & 6 Basketball v Villanova
(Year 6 Home, Year 5 Away)

Saturday 31 August

Basketball, Tennis and Rugby League
Round 5 v Villanova
(Year 10-12 Home; Year 7-9 Away)

Rugby League @ Villanova

Saturday 15 September

Basketball & Tennis v VILLA (Year 7-9
Home, Year 10-12 Away)

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Important Track & Field Information and Dates

With the regional championships and the first AIC competition now complete, we have certainly arrived at the business end of the season. Track & Field training has been scheduled to coincide with other MCA sporting commitments so it is important boys are turning up to all of their sessions as per the training schedules

Important Dates:

- Friday, September 6 – AIC Meet #2 (SAF)
- Friday, September 13 – AIC Meet #3 (QSAC)
- Friday, September 20 - Sunday, September 22 – Track & Field camp (invitation only)
- Saturday, September 28 – UQ Holiday Meet #1
- Saturday, October 5 – UQ Holiday Meet #2
- Friday, October 11 – AIC Meet #4 (UQ)
- Thursday, October 17 – AIC Meet #5 (UQ)
- **Thursday, October 24 - Friday, October 25 – AIC CHAMPIONSHIPS**

Individual Achievements

Congratulations to:

- Toby Bergh who competed in the Queensland U15 Volleyball team last week. The team has won the gold medal with Toby being named in the honorary Australian team.
- Last month, 2 Marist College Ashgrove students James Leigh and Tom Gibson swam at the Australian School National Championships in Melbourne.

Tom made the Queensland team for the 50m Butterfly. Going into these championships Tom was ranked 10th overall. Swimming his heat in a time of 27.45, Tom was just outside his PB to qualify 8th in the final. With a few adjustments to his heat swim, he came back in the afternoon to swim the 50m Butterfly final in a PB time of 26.68 to finish 5th overall.

Well-done Tom.

On the 4th day of these championships, James Leigh competed in the 50m Butterfly, 100m Backstroke and 50m Freestyle.

James made the finals for all 3 events. James broke his own school record in the heats of the 50m Butterfly in a time of 30.35 seconds. James also swam PB's in the heats of the 50 Freestyle in a time of 28.11 and the 100 Backstroke in a time of 1:09.32.

James came back in the afternoon knowing that he had a big task ahead of him and a quick turn around of about 8 minutes between events. The first event for the evening was the 50m Butterfly. James finished 5th overall, just outside his own PB of 30.39 seconds. James then had to back up into the 100m Backstroke where he finished 2nd overall in a new PB time of 1:08.32. James then went back into the marshaling room to line up for his final individual race of the evening, which was to be the 50m Freestyle. James finished a close 4th in a new PB time of 27.82, narrowly missing another college record.

Well done to James Leigh.

WET/EXTREME WEATHER

It is inevitable that the weather will cause some games and training to be cancelled.

Parents and students are encouraged to download the MCA App for the most up to date announcements regards training and games.

SPORT PHOTOS AND VIDEOS

The sports department are always looking for photos and videos of the Colleges sporting teams throughout the year. If you wish to share these for use in the Sports newsletter, Blue and Gold, as well as other College publications, we encourage you to please send them to mcasport@marash.qld.edu.au

Rugby League Barbarian and Basketball Select Team

Each week during the basketball and rugby league season, high performing players from the 1st, 2nd, and A teams in both sports are rewarded with selection in the teams of the week. At the conclusion of the season, a team of the season is selected for both sports to be presented at assembly.

The Rugby League Barbarian and Basketball Select Team for Round 4 v SEC is below:

Basketball Select	Round 4
Will Jackson	1st V
Hunter Petrie	2nd V
Charles Ryan	11A
Jesse O'Neill	10A
Brent Humphreys	9A
Ned Rosenbrock	8A
Joe Pegg	7A

Rugby League Barbarian	Round 4
Riley Brown	1st XIII
Gus Rosanowski	1st XIII
Josh Radford	1st XIII
Will Andreas	Year 10
Tate Cole	Year 10
Jack Condon	Year 10
Charlie Gribble	Year 9
Jack Billing	Year 9
Tasman Barry	Year 9
Hamish McEachern	Year 8
Ollie Lister	Year 8
Jai Jarro	Year 7
Lachy Manning	Year 7

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Basketball - Team Reports and Results

ROUND 4 VS SEC – SATURDAY, AUGUST 24, 2019

1ST V BASKETBALL VS ST EDMUND'S COLLEGE: RESULT - 52-62 LOSS

Ashgrove travelled to Eddies looking to build on their previous win v Lauries, and St Edmunds were labelling this as a 'revenge game' after last year's soul-crushing defeat at the hands of Ashgrove. A vocal crowd witnessed a back and forth affair that saw both teams have opportunities to seal the game. In the end, the home team came out victorious.

TEAM	TEAM REPORT
2nd V	The 2nds went down in a close game. A slow start in the first quarter was rectified in the 2nd. Throughout the 2nd and 3rd quarters both teams went on mini runs only to be answered by the other. The 4th quarter was very tight with good outside shooting by each team. In the end the boys could be considered a little unlucky but the experience of a pressure game will be beneficial coming into this week's game against Villa which will be another tight contest.
3rd V	MCA 3rds faced a well-drilled and organised St Edmunds team on the weekend. The boys rose to the challenge of keeping their undefeated record intact by showing great effort and composure during tense moments of the game. MCA played their best defensive game of the season and showed how effective their zone defence is when they communicate and rotate well. Marist also showed their vast offensive skillset by scoring from 3, setting up plays in the half-court, and moving off the ball to get open layups and foul calls. The boys should be very proud of their Round 4 game and will look to next week for the game of the season against Villanova.
4th V	The 4ths had a positive and energetic game against SEC on Saturday. It appears that the drills we are doing in training are starting to pay dividends. A particularly impressive part of our game on Saturday was the decision by the team that every player would score points. The teamwork and communication required to make this happen was noticed and appreciated by all present.
11A	Another great game by 11A's, we started slowly and struggled to score the ball early as boys adjusted to the hoops. We ran our 1-2-2 full-court press early in the second half, and boys executed it perfectly extending an 8 point half time lead to 22 within 4 minutes. Exceptional defensive game from Charles Ryan and great offensive game from Ryan Ellis guided us to another victory. Looking forward to a tough matchup this weekend against Villanova.
11B	The 11B's enjoyed their game on the weekend taking a win 70-19 against St Edmund's 11B squad. The game was filled with many 3 pointers from both teams and a lot of running. All season we have been working on passing and layups and we executed this very well on Saturday. Let's hope we can continue this improvement from our 11B's for the rest of the season.
11C	The boys started off rocky with poor defence and rushed passes resulting in multiple steals and points by the opposing team. They had a tough challenge to face as our Big's were away for the game making rebounding and overall defence difficult facing taller players. They soon found their rhythm by the 3rd quarter. Communicating effectively, having patience and executing the offense we've practiced. The boys earned the win through their determination and not letting themselves get hung up on mistakes. Well played boys.
11D	Despite only having 5 players due to illness the boys put together their best performance of the season fighting through a few cramps and stitches to narrowly win by 1. A good defensive effort enabled the boys to get up on top.
10A	We were down a couple of players and lost another to injury early in the game. The boys stepped up and were very competitive for ¾ quarters before St Edmund's pulled away. Jesse O'Neill led throughout ably supported by Liam Hagarty, Tom Pfizner and Dan Meggitt bringing plenty of energy.
10B	The boys led from start to finish applying a lot of defensive pressure against St Edmund's. The defensive pressure led to a lot of quality offensive possessions with the ball falling regularly on the way to a large margin of victory. There were quality contributions from everyone, including one player who threw up and returned to the court to play, commitment!
10C	After a couple of tough losses over the last two games, the 10C boys bounced back strong against St Edmund's College with a convincing 60-12 win. The freshly installed 2-3 zone defence wreaked havoc all game, which is highlighted in the opposition's total score. Season-best performances from both Alex Marshall and Matt Duff helped the boys cruise to a well-deserved victory.
10D	This week the 10D's played yet another close game against St. Pats. The boys have been improving greatly over the term and proved just that in both their defence and attack. Despite their narrow loss, it is clear the team is getting better with each week, with all the boys playing extremely well and further developing their skills!
9A	9As faced a difficult game with two of our starting players out but played with courage. Credit to our bench and fill in players who showed they will be contenders for Opens in a few years. Our poor start and inconsistent defence V let us down and we never put pressure on them. There were some highlight moments especially the shooting by Brent Humphreys late in the game.
9B	With 3 top players missing due to injury and promotion the 9B's showed their depth and determination to ride over the top of a persistent St Eddie's squad. Once again with defence as the quarter stone, the boys executed when needed offensively and continue with an unbeaten record so far this season.

Basketball - Team Reports and Results Continued...

TEAM	TEAM REPORT
9C	After a tough loss before the Ekka break, the 9Cs came back with a stellar performance against St Eddie's. From the first touch off, the boys were fired up and ready to take the W, setting a new benchmark for the rest of the season. We will see if they can maintain this fire for their toughest opponents of the term next week, Villanova.
8A	The 8As began the match with the enthusiasm and commitment that had been missing from our game against St. Laurence's. In what was a very evenly matched encounter the teams went basket for basket with neither side able to get on top. At half time the 8As trailed by only a point and were well in the game. A disappointing 3rd quarter from the Marist boys saw the Eddies team get away to a handy lead, although the boys worked tirelessly till the final whistle they were unable to claw back the advantage they had given their opponents. Even though the 8A team remain without a win they continue to improve from week to week and are a credit to themselves and the College.
8B	The boys this week lacked tracking their players and their transition was too slow for the size of our opponents. Eddies were a tall team which limited our rebounds both defensively and offensively. We had some great opportunities to score but sadly couldn't finish with a basket.
8C	Following a tough loss in their last game, the 8Cs were keen to bounce back with a win against SEC. The boys never trailed throughout the game and ran away with a blowout win. In particular, the boys ran in transition and rebounded very well in the win, things that'll hopefully carry over to next week's game.
8D	The 8Ds secure their 4th victory against eddies on the weekend. Improving each week, the boys are still undefeated and are the team to beat. Putting practice into play, the whole team worked together and executed well to dominate eddies across the floor. Jack Urquhart and Aengus Madden led by example laying a good platform on defence.
7A	A poor defensive first quarter saw us fall to double-digit deficit. Stronger second and third quarters ensured the opposition didn't increase their lead. However, we weren't able to make up the points we were lacking in the fourth.
7B	Another great team effort by the 7B's against a very good Eddy's team. The boys had to work really hard on defence, were very mobile and controlled the tempo of the game.
7C	With a ref in charge who was calling every infringement, the boys learnt an extremely good lesson this week - how to defend without contacting the opposition. Well done boys on another good win.
7D	A great win today for the 7D team. After a tight first quarter (6-4 to us), the boys surged ahead in the second to give us some breathing space. Hayden Barnes had a blinder, especially with regard to his work under the basket at both ends of the court. Liam O'Rourke showed smart basketball thinking to change his lay-up shot to a finger roll when the hoop wasn't being kind to us and scored a lot of points this way. Nate Scott-Day also had a good game, especially in offense where he made some great passes to his teammates standing in the key.
6A	An awesome game by both teams. Some unlucky calls and slippery courts were no help but a better team game and defensive game this week. On to the next match.
6B	After a few slips and slides throughout the game and falling behind in the third quarter, the boys managed to bring it back to win the game. As the season continues so do their skills continue to improve. Well done boys!!
6C	It was excellent to see the drills we've been doing at training starting to show. Although we were unlucky with a few missed shots and the match result, the boys showed character to come back from a 24-14 deficit at 3 quarter time with a 9 - 0 run in the final quarter. We will be looking to bounce back in the final weeks of the season.
6D	Another hard-fought game for the 6GOLD boys going down by 10 points in the end to ATC. Great hustle and defensive pressure from Ryan O'Toole saw him earn this week's Most Valuable Player!
5A	Coming off a very hard loss at St. Laurence's, the boys wanted to get back in the win column. With only 6 players, the boys were going to have to work harder than the opposition in order to gain victory. With Leo Morris scoring over 20 points and others finishing everything around the rim the 5As were able to come away with a convincing win.
5B	Our focus last week was to run to the spaces and keep moving when calling for the pass. This was much improved and the boys displayed great teamwork, looking for the best options with their passing in and around the key. We're 'aiming' to improve our shooting percentage against Villa this Friday.
5C	Although closer than we would have liked at varying times throughout the game, this was another nice win by the 5C team. Once they remembered how important rebounding is, especially at this level, our scored reflected their fine efforts in this area. Oliver Bishop and Charlie Wilcox both had great games. Charlie worked hard in defence to get lots of steals and did well rebounding at both ends of the court. Oliver also had some good steals, and showed great skills when bringing the ball down to our basket.
5D	The boys again played well together and had a big win against ATC. Blake Mahoney and Blake Colquhoun defended and attacked very well throughout the whole game as well as Brynn Morgan who shot some impressive baskets. Today's game was more about displaying sportsmanship rather than the points on the board. Keep up the good work boys!!

Rugby League - Team Reports and Results

ROUND 4 VS SEC – SATURDAY 24, AUGUST, 2019

1ST XIII RUGBY LEAGUE VS ST EDMUNDS COLLEGE: RESULT - 52-6 WIN

The weekend's fixture was a game that fitted the cliché "a game of two halves" perfectly. What started as a clinical display of structured rugby league in the first half taking the lead 36-0 quickly developed into a slugfest riddled with errors and poor plays. The game finished with a 52-6 victory for the MCA boys, but little was gained from the match. Congratulations to Josh Radford for a great captain's game.

TEAM	TEAM REPORT
YEAR 10	With everyone available to play this week selecting the final 17 to take the field was difficult. A healthy competition for places allowed this week's side to play some decent footy in the first half, with our shape in defence and attack developing. We had a 15-minute period late in the first half where we attacked with both edges and that allowed for some excellent tries to be scored. Half time score was 32-0. The second half unravelled a little with boys pushing passes and being undisciplined, which allowed St Edmund's to score two tries. Final score 52-12.
YEAR 9	In the first real challenge of the season, there were some great efforts in defence and in what was a tight and tense contest, many boys should be commended for their performances. Unfortunately, it was just a few simple errors in our own red zone that gifted the opposition easy points and led to their win.
YEAR 8	A close fought game which Eddies may have thought they could win but did not count on the determination and solidarity of the Marist boys. Mention must be made of the defence – Ollie lister was inspirational on the field but another great team effort.
YEAR 7	Boys beat St Edmunds 64-0. It was a very dominant display with a number of key areas that were pleasing. Keeping the opposition to nil was a great result although our line wasn't put under too much pressure. The quick play of the ball and completion of sets enabled us to control the game. Jari Jarro was impressive with his strong runs and ability to draw defence, Lachy Manning scored three tries and several goals and Jacob Harper played strongly with both ball and defence. We look forward to continued improvements with stronger opposition in the upcoming games.
YEAR 6	This is the toughest we have seen the boys play so far. The score does not reflect the effort the boys put into defending against a very tough St. Edmund's side. Player of the match went to Ted Clarke who broke the line on many occasions with his explosive runs and was also everywhere in defence. We were very proud of the way the boys put into practice what they worked on at training last week.
YEAR 5	BYE

AIC Basketball Results 2019

	ST PETER'S	ST PATRICK'S	ST LAURENCE'S	ST EDMUND'S	VILLANOVA	PADUA	IONA
1st V	67-26 win	67-69 loss	57-55 win	52-62 loss			
2nd V	76-19 win	48-27 win	50-32 win	35-39 loss			
3rd V	51-37 win	32-23 win	42-19 win	37-20 win			
4th V	30-13 win	33-27 win	17-34 loss	55-22 win			
11A	37-28 win	42-34 win	47-49 loss	47-27 win			
11B	50-10 win	42-34 win	33-33 draw	70-19 win			
11C	69-21 win	49-27 win	32-14 win	no result submitted			
11D	35-27 win	35-22 win	32-31 win	26-24 win v SPC 11C			
10A	48-31 win	34-38 loss	45-53 loss	28-54 loss			
10B	59-10 win	22-35 loss	18-24 loss	56-34 win			
10C	67-12 win	19-29 loss	22-37 loss	50-12 win			
10D	13-14 loss	21-34 loss	16-18 loss	no result submitted			
9A	83-8 win	32-25 win	58-62 loss	30-44 loss			
9B	51-15 win	65-15 win	45-16 win	40-29 win			
9C	52-5 win	33-25 win	24-30 loss	53-14 win			
9D	25-16 win	47-10 win	24-21 win	54-7 win v SPC 9E			
8A	27-35 loss	46-52 loss	7-49 loss	32-49 loss			
8B	48-16 win	38-25 win	33-27 win	23-45 loss			
8C	26-15 win	31-22 win	32-40 loss	54-32 win			
8D	53-2 win	19-12 win	21-20 win	50-6 win			
7A	38-15 win	14-57 loss	27-53 loss	24-38 loss			
7B	77-5 win	29-21 win	33-32 win	35-24 win			
7C	53-5 win	34-12 win	19-18 win	43-30 win			
7D	23-12 win	16-20 loss	40-15 win	43-6 win			
6A	49-4 win	55-12 win	16-47 loss	30-38 loss v ATC			
6B	53-4 win	28-22 win	25-28 loss	34-24 win v ATC			
6C	30-22 win v ASH 6D	12-22 loss	17-16 win	24-23 loss v ATC			
6D	22-30 loss v ASH 6C	16-16 draw	14-13 win	14-24 loss v ATC			
5A	26-31 loss	46-24 win	7-34 loss	52-16-win v ATC			
5B	54-4 win	15-10 win	17-20 loss	24-9 win v ATC			
5C	26-14 win v ASH 5D	36-7 win	20-15 win	16-9 win v ATC			
5D	14-26 loss v ASH 5C	12-6 win	33-12 win	58-1 win v ATC			

AIC Tennis Results 2019

	ST PETER'S	ST PATRICK'S	ST LAURENCE'S	ST EDMUND'S	VILLANOVA	PADUA	IONA
1st IV	0-8 loss	6-2 win	0-8 loss	6-2 win			
2nd IV	0-8 loss	0-8 loss	0-8 loss	2-6 loss			
3rd IV	4-4 (25-24) SPLC win	1-7 loss	1-7 loss	1-7 loss			
11A	0-8 loss	2-6 loss	6-2 win	BYE			
11B	2-6 loss	5-3 win	5-3 win	BYE			
10A	2-6 loss	2-6 loss	3-5 loss	8-0 win			
10B	1-7 loss	3-5 loss	5-3 win	8-0 win			
9A	1-7 loss	7-1 win	4-4 (29-31) SLC win	7-1 win			
9B	4-4 (30-23) ASH win	6-2 win	2-6 loss	8-0 win			
8A		8-0 win	4-4 (23-25) SLC win	7-1 win			
8B		6-2 win	4-4 (26-31) SLC win	7-1 win			
7A		8-0 win	1-7 loss	7-1 win			
7B		6-2 win	2-6 loss	8-0 win			
6A	8-0 win	8-0 win	8-0 win	6-2 win v ATC			
6B	6-2 win	7-1 win	3-5 loss	4-4 (26-27) ATC WIN			
5A	4-3 win	5-3 win	8-0 win	5-3 win			
5B	4-2 win	4-4 (29-26) ASH win	7-1 win	5-3 win			

AIC Rugby League Results 2019

	ST PETER'S	ST PATRICK'S	ST LAURENCE'S	ST EDMUND'S	VILLANOVA	PADUA	IONA
1st XIII	BYE	44-12 win	56-4 win	52-6 win			
YEAR 10	BYE	18-30 loss	30-16 win	52-12 win			
YEAR 9	BYE	56-0 win	28-4 win	14-20 loss			
YEAR 8	BYE	18-16 win	22-20 win	16-16 draw			
YEAR 7	BYE	40-6 win	56-0 win	64-0 win			
YEAR 6	BYE	36-16 win	10-16 loss	4-24 loss			
YEAR 5	BYE	50-6 win	28-18 win	BYE			

AIC BASKETBALL ROUND 5

MARIST COLLEGE ASHGROVE V VILLANOVA

FRIDAY 30 & SATURDAY 31 AUGUST, 2019

Basketball Coordinator: Mr Michael Connolly (Years 5-12)

- All players to arrive at least 30 mins prior to game time
- All students are expected to be in correct uniform at all times – Ash Basketball singlet, shorts, and socks

FRIDAY AUGUST 30			
TEAM	TIME	H/A	VENUE
6A v VILLA 6A	4:00pm	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
6B v VILLA 6B	4:45pm	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
6C v VILLA 6C	4:45pm	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
6 GOLD v VILLA 6 GOLD	4:00pm	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
5A v VILLA 5A	4:45pm	AWAY	Court 1, Goold Hall. Villanova College, Eighth Ave Coorparoo
5B v VILLA 5B	4:00pm	AWAY	Court 1, Goold Hall. Villanova College, Eighth Ave Coorparoo
5C v VILLA 5C	4:45pm	AWAY	Outdoor Multi-Purpose Court, Villanova College, Eighth Ave Coorparoo
5 GOLD v VILLA 5 GOLD	4:00pm	AWAY	Outdoor Multi-Purpose Court, Villanova College, Eighth Ave Coorparoo

SATURDAY AUGUST 31			
TEAM	TIME	H/A	VENUE
1sts v VILLA 1sts	12:00pm	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
2nds v VILLA 2nds	11:00am	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
3rds v VILLA 3rds	11:00am	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
4ths v VILLA 4ths	8:00am	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
11A v VILLA 11A	10:00am	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
11B v VILLA 11B	9:00am	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
11C v PADUA 11D GOLD	9:00am	AWAY	Court 3, Greccio Broughton Rd Kedron
11D GOLD v SLC 11C	10:00am	HOME	Multi-Purpose Court 1, Marist College Ashgrove.
10A v VILLA 10A	9:00am	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
10B v VILLA 10B	8:00am	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
10C v VILLA 10C	10:00am	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
10D GOLD v VILLA 10D GOLD	9:00am	HOME	Multi-Purpose Court 1, Marist College Ashgrove.
9A v VILLA 9A	12:00pm	AWAY	Court 1, Goold Hall. Villanova College, Eighth Ave Coorparoo
9B v VILLA 9B	11:00am	AWAY	Court 1, Goold Hall. Villanova College, Eighth Ave Coorparoo
9C v VILLA 9C	11:00am	AWAY	Court 2, Loreto College, Cavendish Road Coorparoo
9D GOLD v VILLA 9D GOLD	10:00am	AWAY	Outdoor Multi-Purpose Court, Villanova College, Eighth Ave Coorparoo
8A v VILLA 8A	10:00am	AWAY	Court 1, Goold Hall. Villanova College, Eighth Ave Coorparoo
8B v VILLA 8B	9:00am	AWAY	Court 1, Goold Hall. Villanova College, Eighth Ave Coorparoo
8C v VILLA 8C	10:00am	AWAY	Court 2, Loreto College, Cavendish Road Coorparoo
8D GOLD v VILLA 8D GOLD	9:00am	AWAY	Outdoor Multi-Purpose Court, Villanova College, Eighth Ave Coorparoo
7A v VILLA 7A	8:00am	AWAY	Court 1, Goold Hall. Villanova College, Eighth Ave Coorparoo
7B v VILLA 7B	9:00am	AWAY	Court 2, Loreto College, Cavendish Road Coorparoo
7C v VILLA 7C	8:00am	AWAY	Court 2, Loreto College, Cavendish Road Coorparoo
7D GOLD v VILLA 7D GOLD	8:00am	AWAY	Outdoor Multi-Purpose Court, Villanova College, Eighth Ave Coorparoo

AIC TENNIS ROUND 5

MARIST COLLEGE ASHGROVE V VILLANOVA

SATURDAY 31 AUGUST, 2019

Tennis Coordinators: Mrs Rebecca Taylor (Years 11/12), Mr Laurie Boustead (Years 9/10), Mr Andrew Ward (Years 7/8), Mr Chris Bathersby (Years 5/6)

- Warm-up to commence 15 minutes prior to start time
- All students are expected to be in correct uniform at all times – Ash Tennis Shirt, shorts, and socks

SATURDAY AUGUST 31			
TEAM	TIME	H/A	VENUE
1sts v VILLA 1sts	7:45am	HOME	Courts 1 & 2, Marist College Ashgrove. Frasers Rd, Ashgrove
2nds v VILLA 2nds	7:45am	HOME	Courts 3 & 4, Marist College Ashgrove. Frasers Rd, Ashgrove
3rds v VILLA 3rds	7:45am	HOME	Courts 5 & 6. Marist College Ashgrove. Frasers Rd, Ashgrove
11A v VILLA 11A	10:15am	HOME	Courts 3 & 4, Marist College Ashgrove. Frasers Rd, Ashgrove
11B v VILLA 11B	10:15am	HOME	Courts 5 & 6, Marist College Ashgrove. Frasers Rd, Ashgrove
10A v VILLA 10A	10:15am	HOME	Court 3 & 4, Emerson Tennis Centre. 2 Frew Street, Milton, QLD
10B v VILLA 10B	10:15am	HOME	Court 5 & 6, Emerson Tennis Centre. 2 Frew Street, Milton, QLD
9A v VILLA 9A	7:45am	HOME	Court 3 & 4, Emerson Tennis Centre. 2 Frew Street, Milton, QLD
9B v VILLA 9B	7:45am	HOME	Court 5 & 6, Emerson Tennis Centre. 2 Frew Street, Milton, QLD
8A v VILLA 8A	10:15am	AWAY	Court 3 & 4, Morningside Tennis Centre. Beverley St, Morningside
8B v VILLA 8B	10:15am	AWAY	Court 5 & 9, Morningside Tennis Centre. Beverley St, Morningside
7A v VILLA 7A	7:45am	AWAY	Court 3 & 4, Morningside Tennis Centre. Beverley St, Morningside
7B v VILLA 7B	7:45am	AWAY	Court 5 & 9, Morningside Tennis Centre. Beverley St, Morningside
6A v VILLA 6A	10:15am	AWAY	Court 10 & 11, Morningside Tennis Centre. Beverley St, Morningside
6B v VILLA 6B	10:15am	AWAY	Court 8 & 12, Morningside Tennis Centre. Beverley St, Morningside
5A v VILLA 5A	7:45am	AWAY	Court 10 & 11, Morningside Tennis Centre. Beverley St, Morningside
5B v VILLA 5B	7:45am	AWAY	Court 8 & 12, Morningside Tennis Centre. Beverley St, Morningside

AIC RUGBY LEAGUE ROUND 5

MARIST COLLEGE ASHGROVE V VILLANOVA

SATURDAY 31 AUGUST, 2019

Rugby League Coordinators: Mrs Kim Horwood, Mr Luke Caplick

- All players to arrive at least 45 mins prior to game time OR when your coach has requested
- All students are expected to be in the correct uniform at all times – Team jersey provided, BLUE playing shorts, and Ashgrove rugby socks

SATURDAY AUGUST 31			
TEAM	TIME	H/A	VENUE
OPENS	2:40pm	AWAY	Andrew Slack Oval, Villanova Park, Manly Road Tingalpa
YEAR 10	1:30pm	AWAY	Andrew Slack Oval, Villanova Park, Manly Road Tingalpa
YEAR 9	12:30pm	AWAY	Andrew Slack Oval, Villanova Park, Manly Road Tingalpa
YEAR 8	11:30am	AWAY	Andrew Slack Oval, Villanova Park, Manly Road Tingalpa
YEAR 7	10:30am	AWAY	Andrew Slack Oval, Villanova Park, Manly Road Tingalpa
YEAR 6	9:30am	AWAY	Andrew Slack Oval, Villanova Park, Manly Road Tingalpa
YEAR 5	8:30am	AWAY	Andrew Slack Oval, Villanova Park, Manly Road Tingalpa

INTERNAL BASKETBALL COMPETITION - YEARS 7-10

ROUND 3 – FRIDAY 30 AUGUST, 2019

- All players to arrive at least 15 mins prior to game time to ensure games run on time.
- Teams will be provided coloured bibs for all matches.

Round 3 - Friday, 30 August

1:55pm (2nd Break)

- MPC #1 Shrimp on the Barbie v Lord of the Rims (YEAR 7)

3:30pm

- Out #2 Mad Lads v Year 8 New Team (YEAR 8)

4:00pm

- MPC #1 The Left Overs v Splash Pads (YEAR 8)
- MPC#2 Furious George v Bread (YEAR 9)
- OUT #1 Beans 1 v Beans 2 (YEAR 10)
- OUT #2 The Ballers v PGLP (YEAR 7)

4:30pm

- MPC #1 I LOVE FOOD GANG v Boarders (YEAR 8)
- MPC#2 1ST V Internal v Team BC (YEAR 9)
- OUT #1 Large Fellows v Reggin's (YEAR 10)
- OUT #2 Creeper Aww man v Clutchers (YEAR 7)

BYES:

- The Yeets

Basketball Training Schedule 2019

WEEK 7

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	G1: 11C G2: 10C M3: M4: B5: B6:	G1: 6A/6B G2: 7A/7B M3: 5A/5B M4: 9D B5: B6:	G1: 11A/9A G2: 10A/10B M3: 8B M4: 11C/11D B5: 6A B6:	G1: NA G2: NA M3: 7C/7A M4: 8C B5: 5A/5B B6: 6B	G1: NA G2: NA M3: 3rds/11A M4: 8A/8B B5: 7B B6:
Afternoon	G1: 9A/9B G2: 2nds M3: 11B M4: 8D B5: B6:	G1: 10A/10B G2: 11A M3: 5C/5Gold M4: B5: B6:	G1: NA G2: NA M3: 11B M4: 9C/7D B5: 10D B6: 4ths/8A	G1: NA G2: NA M3: 2nds M4: 10A/10B B5: 6C/6Gold B6: 9A/9B	

1st V train at 5:00pm on Monday and Wednesday

G=GYM

M=MULTI PURPOSE

B=BITUMEN

WEEK 8

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	G1: 11C G2: 10C M3: M4: B5: B6:	G1: NA G2: NA M3: 6A/6B M4: 7A/7B B5: 5A/5B B6: 9D	G1: NA G2: NA M3: 8B M4: 6A B5: 11C B6: 11D	G1: 5A G2: 7A M3: 7C M4: 8C B5: 5B B6: 6B	G1: NA G2: NA M3: 11A M4: 8A/8B B5: 7B B6: 3rds
Afternoon	G1: NA G2: NA M3: 2nds M4: 9A/9B B5: 11B B6: 8D	G1: NA G2: NA M3: 10A/10B M4: 11A B5: 5C/5Gold B6:	G1: 8A G2: 11B M3: 7D M4: 9C B5: 10D B6: 4ths	G1: 9A/9B G2: 10A/10B M3: AIC YEAR 5/6 M4: AIC YEAR 5/6 B5: B6:	2nds (No Year 5/6 AIC)

1st V train at 5:00pm on Monday and Wednesday

G=GYM

M=MULTI PURPOSE

B=BITUMEN

WEEK 9

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	G1: NA G2: NA M3: 11C M4: 10C B5: B6:	G1: NA G2: NA M3: 6A/6B M4: 7A/7B B5: 5A/5B B6: 9D	G1: NA G2: NA M3: 8B M4: 6A B5: 11C B6: 11D	G1: NA G2: NA M3: 7C/7A M4: 8C B5: 5B/5A B6: 6B	G1: 11A G2: NA M3: 3rds M4: 8A/8B B5: 7B B6:
Afternoon	G1: 9A/9B G2: NA M3: 2nds M4: B5: 11B B6: 8D	G1: 10A/10B G2: NA M3: 10A/10B M4: 11A B5: 5C/5Gold B6:	G1: 8A/11B G2: NA M3: 7D M4: 9C B5: 10D B6: 4ths	G1: 10A/10B G2: NA M3: 2nds M4: 9A/9B B5: 6C/6Gold B6:	

1st V train at 5:00pm on Monday and Wednesday

G=GYM

M=MULTI PURPOSE

B=BITUMEN

Rugby League Training Schedule

AIC RUGBY LEAGUE TRAINING SCHEDULE YEARS 5-12

TRAINING DAYS: TUESDAY/THURSDAY 3:30PM-4:45PM	
YEAR	VENUE
1st XIII	McMahon Oval (no.1)
Year 10	McMahon Oval (no.1)
Year 9	Cameron Oval (no.2)
Year 8	Cameron Oval (no.2)
Year 7	Hayden Oval
Year 6	Hayden Oval
Year 5	Jack Eales Oval

Tennis Training Schedule and Important Information

AIC TENNIS TRAINING SCHEDULE YEARS 5 – 12

YEAR	VENUE	TIME
1st IV	Court 1/2/3	Monday: 3:15pm – 4:30pm Wednesday: 3:15pm – 4:30pm
2nd IV	Court 4	Monday: 3:15pm – 4:30pm Wednesday: 3:15pm – 4:30pm
3rd IV	Court 5	Monday: 3:15pm – 4:30pm Wednesday: 3:15pm – 4:30pm
Year 11	Court 4/5/6	Monday: 7:00am – 8:15am Thursday: 7:00am – 8:15am
Year 10	Court 1/2	Monday: 4:30pm – 5:30pm Friday: 3:15pm – 4:30pm
Year 9	Court 5/6	Tuesday: 3:15pm – 4:30pm Friday: 3:15pm – 4:30pm
Year 8	Court 3/4	Tuesday: 4:30 – 5:30pm Thursday: 3:15 – 4:30pm
Year 7	Court 5/6	Tuesday: 4:30pm – 5:30pm Thursday: 3:15pm – 4:30pm
Year 6	Court 1/2/3	Wednesday: 7:00am – 8:15am Friday: 7:00am – 8:15am
Year 5	Court 1/2/3	Wednesday: 7:00am – 8:15am Friday: 7:00am – 8:15am

Strength and Conditioning

NORMAL TERM 3 TIMETABLE - SCHEDULE MAY CHANGE

	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	6:15am - 7:15am	GENERAL USER	GENERAL USER	GENERAL USER	GENERAL USER	
	7:05am - 8:05am	RUGBY DEVELOPMENT GROUP	OPENS BASKETBALL	RUGBY DEVELOPMENT GROUP	OPENS BASKETBALL	GENERAL USER
	8:35am - 8:50am	YEAR 5/6 - M.A.D		YEAR 5/6 - M.A.D		YEAR 5/6 - M.A.D
LUNCH	BREAK 1					
	BREAK 2	T&F - FLEXIBILITY	OPENS BASKETBALL - FLEXIBILITY	T&F - FLEXIBILITY	OPENS BASKETBALL - FLEXIBILITY	
PM	3:25pm - 4:25pm	OPENS AFL	JUNIOR T&F (YEARS 7-9)	OPENS AFL	JUNIOR T&F (YEARS 7-9)	
	4:25pm - 5:00pm	GENERAL USER	SENIOR T&F (YEARS 7-9)	GENERAL USER	SENIOR T&F (YEARS 7-9)	