



Weekly Sports Report Wednesday 24 July, 2019 - Term 3 - Week 2 Inside this edition

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Basketball, Tennis and Rugby League Training Schedules – Term 3
Basketball, Tennis and Rugby League Draws v SPLC – Friday 26 July and Saturday 27 July



From the Head of Sport

With a very busy first week of term completed, we now head into the first round of our final sporting season for 2019 against St Peters Lutheran College this weekend. Congratulations to all students who have been selected in the 1st V Basketball and 1st IV Tennis teams for round 1 of competition this Saturday, as well as all students who have been selected in AIC competition teams in both sports.

We would also like to acknowledge the work that our coordinators, Mr Michael Connolly & Mr John Lambourne (Basketball), Mrs Rebecca Taylor, Mr Laurie Boustead, Mr Andrew Ward, and Mr Chris Bathersby (Tennis) and Mrs Kim Horwood, Mr Luke Caplick and Mr Wayne Treleaven (Rugby league) have done in preparation for the AIC tennis, basketball and rugby league seasons. They have worked very efficiently with the sports department to organise trials, teams, training schedules, and referees during pre-season. Well done to all hard-working staff members and all students on their fantastic commitment in preparing for the upcoming season.

Last Saturday we had our final trial against Iona College. In what is always expected in trials between our Colleges there were some very close and competitive matches that set both Colleges up for a good Term 3 season of sport.

This weekend begins our final AIC season of Saturday sport. With only one Saturday sporting season remaining it is crucial that all boys aim to finish the year off in style. Please check match times and venue information available in the draws below carefully. Good luck to all students for the season and particularly to our senior students representing Ashgrove for the final time!

Internal Competitions

At MCA we pride ourselves on providing sporting opportunities for all of our students. We have long been one of the few Colleges who offer internal competitions for students in sports where there are no opposition teams available. We continue this year with our internal basketball competition and are happy to introduce an internal TENNIS competition as well. Tennis only allows eight students to represent the College so a lot of boys unfortunately miss out. This will provide another chance for boys to involve themselves in tennis and we hope to see many students register as per the information in this newsletter.

Mr David Miles
Head of Sport

UPCOMING EVENTS

Friday 26 July

Round 1 Years 5 & 6 Basketball
v SPLC

Saturday 27 July

Round 1 Basketball and Tennis
v SPLC

Thursday 1 August

House Athletics Carnival

Saturday 3 August

Round 2 Basketball and Tennis
v SPC

MCA SPORTS CONNECT

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gilberth@marash.qld.edu.au

Important Reminders

UNIFORM

Warm clothing options:



The College sports jacket or NEW College hoodie are the only acceptable items to be worn when braving the colder temperatures. The College hoodie is now available in our uniform shop and needs to be purchased ASAP if you do not own one. Students have been reminded about this on numerous occasions and will be asked to remove any other jackets/hoodies that are not College uniform. Wearing the sports shirt over your singlets is also acceptable.

PLAYING UNIFORM

Basketball – singlets will all be collected on Thursday at first break; blue sports shorts, white socks



Rugby League – team jerseys provided, Blue College rugby shorts and College rugby socks

Tennis – College tennis shirt and blue shorts



Track & Field – all boys involved in track and field this year are encouraged to purchase the College running singlet ASAP in preparation for the competitions that begin after the Exhibition break. We highly recommend students purchase the College hoodie for the cooler weather at competitions.

HOUSE ATHLETICS

The annual House Athletics Carnival will be held on Thursday, August 1. The final program for the carnival will be posted in next week's newsletter. Please check the College app for all age champion pre-carnival events that are scheduled over the days leading into the major carnival.

TRACK AND FIELD

Congratulations to all students who have commenced training so far this season. We have a very busy week leading into the House Carnival and the training schedule is listed on the College App. All students are reminded to rest and recover well during these busy times to avoid the potential for sickness and fatigue.

All students are reminded to sign up to the College APP where all upcoming track and field information and training schedules will be posted!

WET/EXTREME WEATHER

It is inevitable that the weather will cause some games and training to be cancelled.

Parents and students are encouraged to download the MCA App for the most up to date announcements regards training and games.

SPORT PHOTOS AND VIDEOS

The sports department are always looking for photos and videos of the Colleges sporting teams throughout the year. If you wish to share these for use in the Sports newsletter, Blue and Gold, as well as other College publications, we encourage you to please send them to mcasport@marash.qld.edu.au

Individual Achievements

Congratulations to the following boys who were selected to compete at the upcoming **12 years State Rugby Union Championships**

- We would also like to congratulate Sean Bright, Sean Green, Taavi Upchurch on their selection in the Met North 12 years team, which will compete at the Queensland School State Championships from 1 – 4 August.

Internal Basketball Competition

The College internal basketball competition will be held on Friday afternoons over 5 weeks. It will commence during Week 4 on Friday 2 August with games being played between 3:20pm – 5:00pm.

Due to restrictions on the number of teams that can enter the AIC competition, it is inevitable that several boys have missed out on playing basketball this term. Our internal competition aims to provide an opportunity for all boys who are not playing AIC basketball to form a team with friends and participate in a competition against students from their year level.

Team nominations are to be handed into the Sports Office by Wednesday 31 August.

To enter the competition please see the information below:

1. Form a team with students from your year level only. You need a minimum of 6 students to participate.
2. No AIC players can participate in the competition. This is a competition provided only for boys who have missed out on the opportunity to play in the AIC competition.
3. Create a team name
4. Enter your team and player names to Sports Office by Wednesday 31 August.
5. The competition draw will be released next week when teams are finalized.

Just a reminder that every team who puts in a team nomination will be playing on FRIDAY 2 AUGUST

Internal Tennis Competition

The College internal tennis competition will be held during lunch break commencing in Week 4.

Due to restrictions on the number of teams that can enter the AIC competition, it is inevitable that several boys will miss out on playing tennis for the College this term. Our internal competition aims to provide an opportunity for all boys who are not playing AIC Tennis to nominate in a competition against students from their year level.

Player nominations are to be completed via the sign-on link below by Wednesday 31 August.

<https://bit.ly/2OgctCg>

To enter the competition please see the information below:

- Fill out sign-on form
- No AIC players can participate in the competition. This is a competition provided only for boys who have missed out on the opportunity to play in the AIC competition.
- The competition draws and rules will be released next week when player nominations are finalised.

Basketball Training Schedule 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning	G1: 11C G2: 10C M3: M4: B5: B6:	G1: 6A/6B G2: 7A/7B M3: 5A/5B M4: 9D B5: B6:	G1: 8B G2: 6A M3: 11D M4: B5: B6:	G1: 5A G2: 7A M3: 7C M4: 8C B5: 5B B6: 6B	G1: 11A G2: 8A/8B M3: 3rds M4: 7B B5: B6:
Afternoon	G1: 9A/9B G2: 2nds M3: 11B M4: 8D B5: B6:	G1: 10A/10B G2: 11A M3: 5C/5Gold M4: B5: B6:	G1: 8A G2: 11B M3: 7D M4: 9C B5: 10D B6: 4ths	G1: 9A G2: 10A/10B M3: 2nds M4: 9B B5: 6C/6Gold B6: 6A (temp)	

1st V Train at 5:00pm on Monday and Wednesday

G=GYM

M=MULTI PURPOSE

B=BITUMEN

Rugby League Training Schedule

AIC RUGBY LEAGUE TRAINING SCHEDULE YEARS 5-12

TRAINING DAYS: TUESDAY/THURSDAY 3:30PM-4:45PM	
YEAR	VENUE
1st XIII	McMahon Oval (no.1)
Year 10	McMahon Oval (no.1)
Year 9	Cameron Oval (no.2)
Year 8	Cameron Oval (no.2)
Year 7	Hayden Oval
Year 6	Hayden Oval
Year 5	Jack Eales Oval

Tennis Training Schedule and Important Information

AIC TENNIS TRAINING SCHEDULE YEARS 5 – 12

YEAR	VENUE	TIME
1st IV	Court 1/2/3	Monday: 3:15pm – 4:30pm Wednesday: 3:15pm – 4:30pm
2nd IV	Court 4	Monday: 3:15pm – 4:30pm Wednesday: 3:15pm – 4:30pm
3rd IV	Court 5	Monday: 3:15pm – 4:30pm Wednesday: 3:15pm – 4:30pm
Year 11	Court 4/5/6	Monday: 7:00am – 8:15am Thursday: 7:00am – 8:15am
Year 10	Court 1/2	Monday: 4:30pm – 5:30pm Friday: 3:15pm – 4:30pm
Year 9	Court 5/6	Tuesday: 3:15pm – 4:30pm Friday: 3:15pm – 4:30pm
Year 8	Court 3/4	Tuesday: 4:30 – 5:30pm Thursday: 3:15 – 4:30pm
Year 7	Court 5/6	Tuesday: 4:30pm – 5:30pm Thursday: 3:15pm – 4:30pm
Year 6	Court 1/2/3	Wednesday: 7:00am – 8:15am Friday: 7:00am – 8:15am
Year 5	Court 1/2/3	Wednesday: 7:00am – 8:15am Friday: 7:00am – 8:15am



Australia's Leading Tennis Academy

2019

Marist Parent / Son Doubles Handicap Tournament

When / Where? Sunday 28th July

8am - around 12pm at Marist Courts

- Tournament open for all grades of boys at Marist - All tennis levels and ages welcome!
- Round Robin format - plenty of matches guaranteed!
- All equipment provided.
- Sausage sizzle and drinks for morning tea provided.
- Trophies and medals for winners & Runners up!



Come along
and enjoy a great
morning of tennis
with your son!



Cost: \$25 / Team

**Rain Check: The following
Sunday 4th August**

**Entries Close:
Thursday 25th July**



Email or text Garrick Cash to enter. Include son's name and grade at school.
Parent's name playing as doubles partner and your mobile phone number.

Contact: Garrick Cash
Director, Pro-Am Tennis Academy

0478 028 628 | Brisbane, Australia
admin@proamtennis.com.au | proamtennis.com.au

AIC BASKETBALL ROUND 1

MARIST COLLEGE ASHGROVE V SPLC

FRIDAY 26 & SATURDAY 27 JULY, 2019

Basketball Coordinator: Mr Michael Connolly (Years 5-12)

- All players to arrive at least 30 mins prior to game time
- All students are expected to be in correct uniform at all times – Ash Basketball singlet, shorts, and socks

FRIDAY JULY 26			
TEAM	TIME	H/A	VENUE
6A v SPLC 6A	4:15pm	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
6B v SPLC 6B	4:15pm	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
6C v ASH 6D GOLD	3:30pm	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
6D GOLD v ASH 6C	3:30pm	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
5A v SPLC 5A	4:00pm	AWAY	Stolz Street Court 1, St Peter's. Lambert Rd, Indooroopilly
5B v SPLC 5B	4:00pm	AWAY	Stolz Street Court 2, St Peter's. Lambert Rd, Indooroopilly
5C v 5D GOLD	3:30pm	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
5D GOLD v 5C	3:30pm	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.

SATURDAY JULY 27			
TEAM	TIME	H/A	VENUE
1sts v SPLC 1sts	12:00pm	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
2nds v SPLC 2nds	11:00am	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
3rds v SPLC 3rds	11:00am	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
4ths v SPLC 4ths	9:00am	HOME	Multi-Purpose Court 1, Marist College Ashgrove.
11A v SPLC 11A	10:00am	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
11B v SPLC 11B	9:00am	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
11C v SPC 5ths	8:00am	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
11D GOLD v PADUA 11C	8:00am	AWAY	Court 3, Greccio Broughton Rd Kedron
10A v SPLC 10A	9:00am	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
10B v SPLC 10B	8:00am	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
10C v SPLC 10C	10:00am	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
10D GOLD v SPC 11D GOLD	8:00am	HOME	Multi-Purpose Court 1, Marist College Ashgrove.
9A v SPLC 9A	12:00pm	AWAY	Gymnasium Court 1, St Peter's. Lambert Rd, Indooroopilly
9B v SPLC 9B	11:00am	AWAY	Gymnasium Court 1, St Peter's. Lambert Rd, Indooroopilly
9C v SPLC 9C	12:00pm	AWAY	Outdoor Court 1, St Peter's. Lambert Rd, Indooroopilly
9D GOLD v SPC 9E WHITE	8:00am	HOME	Multi-Purpose Court 2, Marist College Ashgrove.
8A v SPLC 8A	10:00am	AWAY	Gymnasium Court 1, St Peter's. Lambert Rd, Indooroopilly
8B v SPLC 8B	9:00am	AWAY	Gymnasium Court 1, St Peter's. Lambert Rd, Indooroopilly
8C v SPLC 8C	9:45am	AWAY	Outdoor Court 1, St Peter's. Lambert Rd, Indooroopilly
8D GOLD v SPLC 8E GOLD	11:15am	AWAY	Outdoor Court 1, St Peter's. Lambert Rd, Indooroopilly
7A v SPLC 7A	8:00am	AWAY	Gymnasium Court 1, St Peter's. Lambert Rd, Indooroopilly
7B v SPLC 7B	8:15am	AWAY	Outdoor Court 1, St Peter's. Lambert Rd, Indooroopilly
7C v SPLC 7C	7:30am	AWAY	Outdoor Court 1, St Peter's. Lambert Rd, Indooroopilly
7D GOLD v SPLC 7D	9:00am	AWAY	Outdoor Court 1, St Peter's. Lambert Rd, Indooroopilly

AIC TENNIS ROUND 1

MARIST COLLEGE ASHGROVE V SPLC

SATURDAY 27 JULY, 2019

Tennis Coordinators: Mrs Rebecca Taylor (Years 11/12), Mr Laurie Boustead (Years 9/10), Mr Andrew Ward (Years 7/8), Mr Chris Bathersby (Years 5/6)

- Warm-up to commence 15 minutes prior to start time
- All students are expected to be in correct uniform at all times – Ash Tennis Shirt, shorts, and socks

SATURDAY JULY 20			
TEAM	TIME	H/A	VENUE
1sts v SPLC 1sts	7:45am	HOME	Courts 1 & 2, Marist College Ashgrove. Frasers Rd, Ashgrove
2nds v SPLC 2nds	7:45am	HOME	Courts 3 & 4, Marist College Ashgrove. Frasers Rd, Ashgrove
3rds v SPLC 3rds	7:45am	HOME	Courts 5 & 6, Marist College Ashgrove. Frasers Rd, Ashgrove
11A v SPLC 11A	10:15am	HOME	Courts 3 & 4, Marist College Ashgrove. Frasers Rd, Ashgrove
11B v SPLC 11B	10:15am	HOME	Courts 5 & 6, Marist College Ashgrove. Frasers Rd, Ashgrove
10A v SPLC 10A	10:15am	HOME	Court 3 & 4, Emerson Tennis Centre. 315 Milton Road, Milton, QLD
10B v SPLC 10B	10:15am	HOME	Court 5 & 6, Emerson Tennis Centre. 315 Milton Road, Milton, QLD
9A v SPLC 9A	7:45am	HOME	Court 3 & 4, Emerson Tennis Centre. 315 Milton Road, Milton, QLD
9B v SPLC 9B	7:45am	HOME	Court 5 & 6, Emerson Tennis Centre. 315 Milton Road, Milton, QLD
8A v SPLC 8A	10:15am	AWAY	SPLC Lohe Street Courts, St Peters. Lohe Street, Indooroopilly
8B v SPLC 8B	10:15am	AWAY	SPLC Stolz Street Courts, St Peter's. Stolz Street, Indooroopilly
7A v SPLC 7A	7:45am	AWAY	SPLC Lohe Street Courts, St Peters. Lohe Street, Indooroopilly
7B v SPLC 7B	7:45am	AWAY	SPLC Stolz Street Courts, St Peter's. Stolz Street, Indooroopilly
6A v SPLC 6A	10:15am	AWAY	SPLC Lohe Street Courts, St Peters. Lohe Street, Indooroopilly
6B v SPLC 6B	10:15am	AWAY	SPLC Lohe Street Courts, St Peters. Lohe Street, Indooroopilly
5A v SPLC 5A	7:45am	AWAY	SPLC Lohe Street Courts, St Peters. Lohe Street, Indooroopilly
5B v SPLC 5B	7:45am	AWAY	SPLC Lohe Street Courts, St Peters. Lohe Street, Indooroopilly

AIC RUGBY LEAGUE ROUND 1

MARIST COLLEGE ASHGROVE V BYE

SATURDAY 27 JULY, 2019

Rugby League Coordinators: Mrs Kim Horwood, Mr Luke Caplick

- All players to arrive at least 45 mins prior to game time OR when your coach has requested
- All students are expected to be in the correct uniform at all times – Team jersey provided, BLUE playing shorts, and Ashgrove rugby socks

SATURDAY JULY 27			
TEAM	TIME	H/A	VENUE
OPENS	BYE	BYE	BYE
YEAR 10	BYE	BYE	BYE
YEAR 9	BYE	BYE	BYE
YEAR 8	BYE	BYE	BYE
YEAR 7	BYE	BYE	BYE
YEAR 6	BYE	BYE	BYE
YEAR 5	BYE	BYE	BYE

Strength and Conditioning

TERM 3 - SCHEDULE MAY CHANGE

	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	6:15am - 7:15am	GENERAL USER	GENERAL USER	GENERAL USER	GENERAL USER	
	7:05am - 8:05am	RUGBY DEVELOPMENT GROUP	OPENS BASKETBALL	RUGBY DEVELOPMENT GROUP	OPENS BASKETBALL	GENERAL USER
	8:35am - 8:50am	YEAR 5/6 - M.A.D		YEAR 5/6 - M.A.D		YEAR 5/6 - M.A.D
LUNCH	BREAK 1					
	BREAK 2	T&F - FLEXIBILITY	OPENS BASKETBALL - FLEXIBILITY	T&F - FLEXIBILITY	OPENS BASKETBALL - FLEXIBILITY	
PM	3:25pm - 4:25pm	OPENS AFL	JUNIOR T&F (YEARS 7-9)	OPENS AFL	JUNIOR T&F (YEARS 7-9)	
	4:25pm - 5:00pm	GENERAL USER	SENIOR T&F (YEARS 7-9)	GENERAL USER	SENIOR T&F (YEARS 7-9)	