



Weekly Sports Report Thursday 18 July, 2019 - Term 3 - Week 1 Inside this edition

From the Head of Sport - Individual Achievements
Basketball, Tennis and Rugby League Training Schedules – Term 3
Basketball, Tennis Trial and Rugby League Draws v Iona – Saturday 20 July



From the Head of Sport

After a long but enjoyable Term 2 of Sport we welcome everyone to Term 3. Thank you again to all of our families, students, staff and community members for the efforts they have put into providing opportunities for our students. Term 2 sport is arguably the busiest term in our sporting calendar and relies heavily on the efforts of everyone in our community, so I thank you all sincerely.

Please carefully check the information in the newsletter relating to our Term 3 sport. We move very quickly into our basketball, tennis, rugby league and track and field seasons with trials this weekend against Iona College.

IMPORTANT INFORMATION

Basketball singlets – please check the information provided later in this newsletter on how to purchase a basketball singlet via the QKR APP.

All Year 7 students, new students or any students requiring a replacement singlet must complete their purchase, keep their receipt and then collect this singlet from the sports office on THURSDAY 25 JULY at first lunch break.

This will be the main collection time and all students will be expected to attend at this time.

HOUSE ATHLETICS CARNIVAL – THURSDAY AUGUST 1

Official nominations for the House Athletics Carnival will take place during next weeks House Assembly. Information has been sent to Heads of House regarding nominations and we encourage all boys to organise their team nominations over the next week in preparation for these nominations.

Some Age Championship events will be held prior to the main carnival and this information will be sent to students.

UPCOMING EVENTS

Friday 19 July

Year 5 & 6 Basketball Trials v Iona

Saturday 20 July

Basketball & Tennis Trials v Iona

Friday 26 July

Round 1 Years 5 & 6 Basketball
v St Peters Lutheran College

Saturday 27 July

Round 1 Basketball and Tennis
v St Peters Lutheran College

Thursday 2 August

House Athletics Carnival

MCA SPORTS CONNECT

Head of Sport

Mr David Miles

sports@marash.qld.edu.au

Head of Sport (Years 5 & 6)

Mr John Lambourne

lambournej@marash.qld.edu.au

Track and Field Coordinator

David Miles

sports@marash.qld.edu.au

Basketball Coordinator

Michael Connolly

connollym@marash.qld.edu.au

Rugby League Coordinator

Kim Horwood

horwoodk@marash.qld.edu.au

Tennis Coordinator

sports@marash.qld.edu.au

Head of Strength & Conditioning

Mr Henry Gilbert

gilberth@marash.qld.edu.au

From the Head of Sport Continued...

HOLIDAY EVENTS

The holiday breaks continue to be a busy time in the sporting program and while the College generally has a break there are numerous staff and students are engaged in many different activities.

We thank the following staff and students involved in these various activities:

- To Mr Brendan Furdek who worked with Mr Michael Connolly and the 1st V basketball squad to run skills clinics for the Year 7, 8, 9 & 10 students during the last week of Term 2.
- To Mr Luke Caplick, Mr Ryan Apps and Peter Anderson, Greg Caplick, Patrick Conn who were involved with the coaching and management of the Confraternity Rugby League team during the first week of holidays
- To Mr Jon Fitzgerald (QLD 1 Assistant Coach) and Mr Tim Sedgwick (Combined States Coach) who were involved as coaches during the Australian Schoolboys Championships in Sydney last week.

Mr David Miles
Head of Sport

Individual Achievements

Congratulations to the following boys who were selected to compete at the upcoming **12 years State Rugby Union Championships**

- Leo Henry, Nate Roberts, Callan Jensen, Elliot Aldridge and Sean Green who were selected in the Met North 12 years team and Jonah Miles who was selected in the Chairman's team

Confraternity Rugby League

- Campbell Moller who was named in the QISSRL Merit team after strong performances throughout the recent Confraternity carnival in Charters Towers

Will Valentine – Water Polo

- Will played for Queensland at the Australian Schools Water Polo Championships in Sydney. QLD won silver and Will was selected as a shadow for the Australian Schoolboys team. He was the only Year 10 boy to be selected. Also, Will was selected in the Australian Water Polo U16 Boys National team which went into camp over the holidays based in Cairns. A highlight was they played the first ever game of water polo on the Great Barrier Reef.

WET/EXTREME WEATHER

It is inevitable that the weather will cause some games and training to be cancelled.

Parents and students are encouraged to download the MCA App for the most up to date announcements regards training and games.

SPORT PHOTOS AND VIDEOS

The sports department are always looking for photos and videos of the Colleges sporting teams throughout the year. If you wish to share these for use in the Sports newsletter, Blue and Gold, as well as other College publications, we encourage you to please send them to mcasport@marash.qld.edu.au

MARIST COLLEGE ASHGROVE

College App Available Now

for iPhone, Android & iPad

Download on the App Store

GET IT ON Google Play

Basketball Singlet Collection

ALL STUDENTS MUST WEAR A MARIST COLLEGE ASHGROVE SINGLET AS THEIR UNIFORM

At students who have represented the College in basketball in 2018 should already have the required basketball singlet for the 2019 season. Any student in Year 7, new students to the College or any student who will need a replacement singlet are to please read the information below. No player will be permitted to take the court without a singlet.

All Year 7 students and any new students to basketball will be required to purchase a singlet for the 2019 season. The cost of the singlets is \$40.00 and we would appreciate if students could organise this purchase ASAP. Allocation of numbers will be dependent on size availability and/or in a first come-first served basis.

Please see below for instructions on how to do this.

Once this has been done, the singlets can be collected from the sports office during Lunch breaks. Boys are asked to bring their receipt with them as proof of purchase.

For instructions on how to set-up and use the QKR app, please click the link below. The following steps may help parents navigate the QKR app.

- Step 1:** Download QKR for MasterCard App from either the Apple or Android Store – if you encounter problems with the app – please try the website version
- Step 2:** Find - Marist College Ashgrove (please use the exact words to find the school)
- Step 3:** Set up your details
- Step 4:** Choose "School Payments"
- Step 5:** Select your child that you are purchasing the shirt for
- Step 6:** Scroll down to find Basketball Shirt and click to purchase

REMINDER: Once purchased, students will be required to keep their receipt and collect their basketball singlet from Sports Office on Thursday 25 July during **FIRST BREAK!**

Basketball Training Schedule 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning	G1: 11C G2: 10C M3: M4: B5: B6:	G1: 6A/6B G2: 7A/7B M3: 5A/5B M4: 9D B5: B6:	G1: 8B G2: 6A M3: 11D M4: B5: B6:	G1: 5A G2: 7A M3: 7C M4: 8C B5: 5B B6: 6B	G1: 11A G2: 8A/8B M3: 3rds M4: 7B B5: B6:
Afternoon	G1: 9A/9B G2: 2nds M3: 11B M4: 8D B5: B6:	G1: 10A/10B G2: 11A M3: 5C/5Gold M4: B5: B6:	G1: 8A G2: 11B M3: 7D M4: 9C B5: 10D B6: 4ths	G1: 9A G2: 10A/10B M3: 2nds M4: 9B B5: 6C/6Gold B6: 6A (temp)	

1st V Train at 5:00pm on Monday and Wednesday

G=GYM
M=MULTI PURPOSE
B=BITUMEN

Rugby League Training Schedule

AIC RUGBY LEAGUE TRAINING SCHEDULE YEARS 5-12

TRAINING DAYS: TUESDAY/THURSDAY 3:30PM-4:45PM	
YEAR	VENUE
1st XIII	McMahon Oval (no.1)
Year 10	McMahon Oval (no.1)
Year 9	Cameron Oval (no.2)
Year 8	Cameron Oval (no.2)
Year 7	Hayden Oval
Year 6	Hayden Oval
Year 5	Jack Eales Oval

Tennis Training Schedule and Important Information

AIC TENNIS TRAINING SCHEDULE YEARS 5 – 12

YEAR	VENUE	TIME
1st IV	Court 1/2/3	Monday: 3:15pm – 4:30pm Wednesday: 3:15pm – 4:30pm
2nd IV	Court 4	Monday: 3:15pm – 4:30pm Wednesday: 3:15pm – 4:30pm
3rd IV	Court 5	Monday: 3:15pm – 4:30pm Wednesday: 3:15pm – 4:30pm
Year 11	Court 4/5/6	Monday: 7:00am – 8:15am Thursday: 7:00am – 8:15am
Year 10	Court 1/2	Monday: 4:30pm – 5:30pm Friday: 3:15pm – 4:30pm
Year 9	Court 5/6	Tuesday: 3:15pm – 4:30pm Friday: 3:15pm – 4:30pm
Year 8	Court 3/4	Tuesday: 4:30 – 5:30pm Thursday: 3:15 – 4:30pm
Year 7	Court 5/6	Tuesday: 4:30pm – 5:30pm Thursday: 3:15pm – 4:30pm
Year 6	Court 1/2/3	Wednesday: 7:00am – 8:15am Friday: 7:00am – 8:15am
Year 5	Court 1/2/3	Wednesday: 7:00am – 8:15am Friday: 7:00am – 8:15am



Australia's Leading Tennis Academy

2019

Marist Parent / Son Doubles Handicap Tournament

When / Where? Sunday 28th July

8am - around 12pm at Marist Courts

- Tournament open for all grades of boys at Marist - All tennis levels and ages welcome!
- Round Robin format - plenty of matches guaranteed!
- All equipment provided.
- Sausage sizzle and drinks for morning tea provided.
- Trophies and medals for winners & Runners up!



Come along
and enjoy a great
morning of tennis
with your son!



Cost: \$25 / Team

**Rain Check: The following
Sunday 4th August**

**Entries Close:
Thursday 25th July**



Email or text Garrick Cash to enter. Include son's name and grade at school.
Parent's name playing as doubles partner and your mobile phone number.

Contact: Garrick Cash
Director, Pro-Am Tennis Academy

0478 028 628 | Brisbane, Australia
admin@proamtennis.com.au | proamtennis.com.au

AIC BASKETBALL TRIAL

MARIST COLLEGE ASHGROVE V IONA

FRIDAY 19 & SATURDAY 20 JULY, 2019

Basketball Coordinator: Mr Michael Connolly (Years 5-12)

- All players to arrive at least 30 mins prior to game time
- All students are expected to be in correct uniform at all times – Ash Basketball singlet, shorts, and White socks (please work on this as a priority)

FRIDAY 19 JULY			
TEAM	TIME	H/A	VENUE
6A v ASH 6B	4:15pm	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
6B v ASH 6A	4:15pm	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
6C v ASH 6D GOLD	3:30pm	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
6D GOLD v ASH 6C	3:30pm	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
5A v ASH 5B	4:15pm	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
5B v ASH 5A	4:15pm	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
5C v ASH 5D GOLD	3:30pm	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
5D GOLD v ASH 5C	3:30pm	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.

SATURDAY 20 JULY			
TEAM	TIME	H/A	VENUE
1sts v IONA 1sts	12:00pm	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
2nds v IONA 2nds	11:00am	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
3rds v IONA 3rds	10:00am	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
4ths	BYE	BYE	BYE
11A v VILLA 11A	10:00am	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
11B v ASH 11C	11:00am	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
11C v ASH 11B	11:00am	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
11D GOLD	BYE	BYE	BYE
10A v IONA 10A	9:00am	HOME	Court 1, Champagnat Centre, Marist College Ashgrove.
10B v IONA 10B	9:00am	HOME	Court 2, Champagnat Centre, Marist College Ashgrove.
10C v ash 10D GOLD	10:00am	HOME	Multi-Purpose Court 1, Marist College Ashgrove.
10D GOLD v ASH 10C	10:00am	HOME	Multi-Purpose Court 1, Marist College Ashgrove.
9A v IONA 9A	12:00pm	AWAY	Inside Court, Oblate Hall. Iona College. North Rd, Lindum
9B v IONA 9B	11:00am	AWAY	Inside Court, Oblate Hall. Iona College. North Rd, Lindum
9C v ASH 9D GOLD	10:00am	HOME	Multi-Purpose Court 2, Marist College Ashgrove.
9D GOLD v ASH 9C	10:00am	HOME	Multi-Purpose Court 2, Marist College Ashgrove.
8A v IONA 8A	10:00am	AWAY	Inside Court, Oblate Hall. Iona College. North Rd, Lindum
8B v IONA 8B	9:00am	AWAY	Inside Court, Oblate Hall. Iona College. North Rd, Lindum
8C v ASH 8D GOLD	9:00am	HOME	Multi-Purpose Court 1, Marist College Ashgrove.
8D GOLD v ASH 8C	9:00am	HOME	Multi-Purpose Court 1, Marist College Ashgrove.
7A v IONA 7A	8:00am	AWAY	Inside Court, Oblate Hall. Iona College. North Rd, Lindum
7B v IONA 7B	9:00am	AWAY	Stone Court, Oblate Hall. Iona College, North Road, Lindum
7C v ASH 7D GOLD	9:00am	HOME	Multi-Purpose Court 2, Marist College Ashgrove.
7D GOLD v ASH 7C	9:00am	HOME	Multi-Purpose Court 2, Marist College Ashgrove.

AIC TENNIS TRIAL

MARIST COLLEGE ASHGROVE V IONA

SATURDAY 20 JULY, 2019

Tennis Coordinators: Mrs Rebecca Taylor (Years 11/12), Mr Laurie Boustead (Years 9/10), Mr Andrew Ward (Years 7/8), Mr Chris Bathersby (Years 5/6)

- Warm-up to commence 15 minutes prior to start time
- All students are expected to be in correct uniform at all times – Ash Tennis Shirt, shorts, and socks

SATURDAY 20 JULY			
TEAM	TIME	H/A	VENUE
1sts v IONA 1sts	7:45am	HOME	Courts 1 & 2, Marist College Ashgrove. Frasers Rd, Ashgrove
2nds v IONA 2nds	7:45am	HOME	Courts 3 & 4, Marist College Ashgrove. Frasers Rd, Ashgrove
3rds v IONA 3rds	7:45am	HOME	Courts 5 & 6, Marist College Ashgrove. Frasers Rd, Ashgrove
11A v IONA 11A	10:15am	HOME	Courts 3 & 4, Marist College Ashgrove. Frasers Rd, Ashgrove
11B v IONA 11B	10:15am	HOME	Courts 5 & 6, Marist College Ashgrove. Frasers Rd, Ashgrove
10A v IONA 10A	10:15am	HOME	Court 3 & 4, Emerson Tennis Centre. 315 Milton Road, Milton, QLD
10B v IONA 10B	10:15am	HOME	Court 5 & 6, Emerson Tennis Centre. 315 Milton Road, Milton, QLD
9A v IONA 9A	7:45am	HOME	Court 3 & 4, Emerson Tennis Centre. 315 Milton Road, Milton, QLD
9B v IONA 9B	7:45am	HOME	Court 5 & 6, Emerson Tennis Centre. 315 Milton Road, Milton, QLD
8A v IONA 8A	10:15am	AWAY	Courts 1 & 2, Iona College Tennis Centre. North Rd, Lindum
8B v IONA 8B	10:15am	AWAY	Courts 3 & 4, Iona College Tennis Centre. North Rd, Lindum
7A v IONA 7A	7:45am	AWAY	Courts 1 & 2, Iona College Tennis Centre. North Rd, Lindum
7B v IONA 7B	7:45am	AWAY	Courts 3 & 4, Iona College Tennis Centre. North Rd, Lindum
6A v IONA 6A	10:15am	AWAY	Courts 1 & 2, Wynnum Tennis Centre. Colina St, Wynnum
6B v IONA 6B	10:15am	AWAY	Courts 3 & 4, Wynnum Tennis Centre. Colina St, Wynnum
5A v IONA 5A	7:45am	AWAY	Courts 1 & 2, Wynnum Tennis Centre. Colina St, Wynnum
5B v IONA 5B	7:45am	AWAY	Courts 3 & 4, Wynnum Tennis Centre. Colina St, Wynnum

AIC RUGBY LEAGUE TRIAL

MARIST COLLEGE ASHGROVE V IONA

SATURDAY 20 JULY, 2019

Rugby League Coordinators: Mrs Kim Horwood, Mr Luke Caplick

- All players to arrive at least 45 mins prior to game time OR when your coach has requested
- All students are expected to be in the correct uniform at all times – Team jersey provided, BLUE playing shorts, and Ashgrove rugby socks

SATURDAY 20 JULY			
TEAM	TIME	H/A	VENUE
OPENS	NO GAME	NO GAME	NO GAME
YEAR 10	11:00am	AWAY	Davine Oval, Iona College, 85 North Road Lindum
YEAR 9	11:00am	AWAY	McCarthy Oval, Iona College, 85 North Road Lindum
YEAR 8	10:00am	AWAY	Davine Oval, Iona College, 85 North Road Lindum
YEAR 7	10:00am	AWAY	McCarthy Oval, Iona College, 85 North Road Lindum
YEAR 6	9:00am	AWAY	Davine Oval, Iona College, 85 North Road Lindum
YEAR 5	9:00am	AWAY	McCarthy Oval, Iona College, 85 North Road Lindum

Strength and Conditioning

TERM 3 - SCHEDULE MAY CHANGE

	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	6:15am - 7:15am	GENERAL USER	GENERAL USER	GENERAL USER	GENERAL USER	
	7:05am - 8:05am	RUGBY DEVELOPMENT GROUP	OPENS BASKETBALL	RUGBY DEVELOPMENT GROUP	OPENS BASKETBALL	GENERAL USER
	8:35am - 8:50am	YEAR 5/6 - M.A.D		YEAR 5/6 - M.A.D		YEAR 5/6 - M.A.D
LUNCH	BREAK 1					
	BREAK 2	T&F - FLEXIBILITY	OPENS BASKETBALL - FLEXIBILITY	T&F - FLEXIBILITY	OPENS BASKETBALL - FLEXIBILITY	
PM	3:25pm - 4:25pm	OPENS AFL	JUNIOR T&F (YEARS 7-9)	OPENS AFL	JUNIOR T&F (YEARS 7-9)	
	4:25pm - 5:00pm	GENERAL USER	SENIOR T&F (YEARS 7-9)	GENERAL USER	SENIOR T&F (YEARS 7-9)	