



## Weekly Sports Report April 4, 2019 - Term 1 - Week 10

### Inside this edition

From the Head of Sport - Student Achievements - Football Trials  
Recaps: Swimming, Cricket and Cross Country - Strength and Conditioning



### UPCOMING EVENTS

#### Thursday April 4

Rugby Tour to New Zealand - started

#### Friday April 5

Open 7's Rugby Team  
Canberra Trip - starts

#### Sunday April 7

Marist Basketball Carnival  
commences in Bendigo

Football Tour departs  
for New Zealand

#### Friday April 12

Cross Country Camp - starts

## From the Head of Sport

We braved the wet weather and the fields managed to survive through the first week of the official football and rugby seasons. Culminating in our Saturday trials it has been a quick transition from the chaos of Term 1 and we thank all families for their support. With a few days of training remaining this week soon we can all breathe a sigh of relief and relax for a couple of weeks ahead of Term 2. The first week back is a very disruptive week and will be a short preparation for our Saturday (April 27) trials against Iona College.

A special thank you to all of our hard-working staff members for their efforts in organising over 1200 students for the recent rugby and football trials. Heading around the grounds of the weekend it was very noticeable to see the huge amount of enthusiasm our students have for these two sporting codes. We also thank Mrs Roberta Bannah and staff from the P&F for their management of the sport canteens along with our exceptional grounds staff who continually provide fields of the highest quality, particularly given the recent heavy rain.

Our internal trial weekends are always exciting as fellow Ashgrove students battle each other in their first hit out of the season. With the quality of our students in our football and rugby programs, they are some of the toughest matches our boys will play this year and inevitably we encounter a few pages with our injury reports.

We thank our new providers of sports medicine, First Response, for their expert level of care throughout the week and last Saturday. We have been unbelievably fortunate to have the support of our own College Health Centre for many years on Saturday's and they will continue to provide care for our students should the need arise during our training weeks. Thank you to Mrs Jane O'Shea and her staff for their care, concern and meticulous attention to detail that many of our opposition Colleges always considered the benchmark in AIC.

Best wishes to all families for an enjoyable Easter break. We encourage all boys to strive to maintain a decent level of fitness through the holiday break despite the consumption of Easter Eggs and other varieties of chocolate. The Term 2 sporting competition commences immediately upon our return and

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## From the Head of Sport Continued...

to ensure everyone is ready to go when we return it is important all students are working on their skills and fitness.

Good luck to all of our touring teams travelling overseas and interstate. Our first tour departs on Thursday with our best open rugby players travelling to New Zealand with David Miles, Brendan Kiernan, Anthony Mathison, Ty Casey, Joshua Filipetto and Henry Gilbert good luck travelling with our students. Our Open Basketball Team will once again participate in the annual Marist Basketball carnival in Bendigo with the team competing during the first week of holidays. Thank you to John Lambourne, Dean Aspland and Murphy Baldry for accompanying our team. Finally, an Open football squad will also travel to New Zealand for their pre-season tour and we thank Corey Lucas, Terry Quain and Lou Mazzoratti for their organisation and time.

**Mr David Miles**  
Head of Sport

## Student Achievements

Congratulations to:

- Congratulations to Matt Magnussen who competed at the Queensland School Sport State Swimming Championships last week. Matt results were: Gold in 15 yrs 400 Free, Gold in 15 yrs 200 Free, Silver in 15 yrs 200 Back, Bronze in 13-15 yrs Medley Relay (Met North Team), 6th in 15 yrs 50 Backstroke. He also competed at the Australian Surf Life Saving Youth Championships on Saturday and Sunday at North Burleigh: Australian Finalist in U15 Surf Race (9th place) and U15 Ironman and in team events: 4th U15 Cameron Relay Final, 6th U15 Surf Teams Final, 7th U15 Board Rescue Final (and the only Queensland team in the Final). Good luck to Matt in the events he has coming up over the holidays.

### WET/EXTREME WEATHER

It is inevitable that the weather will cause some games and training to be cancelled.

Parents and students are encouraged to download the MCA App for the most up to date announcements regards training and games.

### SPORT PHOTOS AND VIDEOS

The sports department are always looking for photos and videos of the Colleges sporting teams throughout the year. If you wish to share these for use in the Sports newsletter, Blue and Gold, as well as other College publications, we encourage you to please send them to [mcasport@marash.qld.edu.au](mailto:mcasport@marash.qld.edu.au)

**MARIST COLLEGE ASHGROVE**

# College App Available Now

for iPhone, Android & iPad

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The app interface displays a grid of icons for: Notices, Calendar, Sports, Music, Media, Newsletter, Links, Contacts, and Events. The top of the app shows a banner image of students in a classroom setting.

## Football (Soccer) - Trials - Term 2, Week 1 Only

TERM 2 WEEK 1	MONDAY 22/4/19	TUESDAY 23/4/19	WEDNESDAY 24/4/19	THURSDAY 25/4/19	FRIDAY 26/4/19
6:45am - 8:00am	Holidays	Holidays	<b>CAMERON</b> 1st & 2nd XI  <b>FLAT #5</b> 7 White Year 8A-8C  <b>FLAT #6</b> Year 8A-8C		<b>CAMERON</b>  <b>FLAT #5</b> 7Green  <b>FLAT #6</b>
3:30pm - 4:45pm	Holidays	Holidays	<b>CAMERON PITCH</b> 10A, 10B & 10 Gold  <b>FLAT #5</b> 7B, 7C, 7 Gold  <b>FLAT #6</b> 7A 3rd & 4th XI		<b>CAMERON PITCH</b> 5th & 6th XI  <b>FLAT #5</b> 10C 8 Gold & 8 White  <b>FLAT #6</b> Internal Matches TBD

## Queensland State Schools Championship - Swimming Report

The following boys represented Met North Region at the Queensland School State Championships last week. James Leigh, Ryan O'Toole, Archer Mellifont, Joseph Cervetto, Josiah Short, Lachlan Vink, Sean Bright, Angus Bathe, Josh Casey, Noah Coco, Tom Gibson, Tom Hicks, Tom Mitchell, Jack Morrison, Alex Pedroni, Matthew Magnussen, Ryley Leeper.

There were some great results with many boys doing PB times at this carnival.

A special mention to the following boys who made the final in the following events.

- Archer Mellifont – 6th 200 IM, 8th 50m Fly, 9th 50m Back
- Ryan O'Toole – 6th 50m Fly, 4th 50m Freestyle
- James Leigh – 8th 200m IM, 10th 100 Freestyle, 2nd 50m Butterfly, 5th 50m Backstroke, 7th 200m Freestyle, 3rd 100 Backstroke, 5th 50 Freestyle.
- Tom Hicks – 7th 50m Backstroke, 10th 50m Butterfly.
- Angus Bathe – 9th 200m Freestyle, 6th 400m Freestyle, 7th 1500m Freestyle.
- Matthew Magnussen – 9th 800m Freestyle, 6th 50m Backstroke, 1st in 200 Freestyle, 1st 400m Freestyle, 2nd 200 Backstroke.
- Ryley Leeper – 10th 100 Breaststroke.
- Thomas Gibson – 5th 50m Fly, 9th 100m Backstroke.

Congratulations to James Leigh and Matt Magnussen who have made the Queensland Schools Swimming Team. They will represent Queensland on 27 July in Melbourne at School Nationals.

## AIC Cricket Wrap-up

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Thank you to all the students, parents, staff members and coaches who contributed to the success of our 2019 Cricket program. This year we finished 2nd in the AIC aggregate which is an outstanding achievement. Four of our teams managed to get through the season undefeated. Congratulations to the 7E, 7C, 7B and 8F teams. The 10As managed a premierships despite a loss, so they are to be commended for sticking in there.

A special mention must go to the teams who competed in the BNJCA competition, the 8C, 9C, and 10C teams. These games are often played at a very high standard and are played over a longer timeframe. While some days they came up against quality club teams, there were no complaints from boys and they tried their very best.

A huge thank you to all the coaches and parents who make the game run on a Saturday. Without the assistance of scorers and umpires, the matches can't happen. I encourage all parents to continue supporting their sons at matches and to get involved in scoring and umpiring.

The success of our cricket program throughout AIC history is well known, winning 18 aggregate championships and finishing 2nd only three times. The depth of our cricket program allows us to match up our lower teams against higher teams from other schools, and be very competitive. It doesn't matter whether it's the 7H, 7th XI or 1st XI we always compete admirably, and show true Marist spirit to uphold our high standard of cricket. It is, for this reason, we are the school that most schools fear on the cricket pitch, and why teams always try and step up to beat us. However, moving forward to next year, it is important to remember to not get complacent in any round. If we are to move back to the top of the AIC rankings, we must bring our best cricket and a fighting mentality to every game.

Finally, for all boys that played this year and are looking to play again next year, we encourage you to keep playing cricket as much as you can throughout the year. Any skills that can relate to cricket (playing winter cricket, throwing the ball at the beach, playing tennis, backyard cricket, etc.) that you can do throughout the year will help you immensely by the time trials come around in Term 4.

Congratulations, and well done to all. See you next season.

**Stuart Martin & Phil Tonkin**  
**Cricket Coordinators**

## Cricket Select Team of the Year

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### CRICKET SELECT TEAM OF THE YEAR

1	Jack O'Neill	1st XI
2	Cooper Mackie	1st XI
3	Jack Hallion	2nd XI
4	Liam Querido	2nd XI
5	Tate Cole	10A
6	Tom Pfitzner	10A
7	Billy Nuss	9A
8	Max Hrstich	9A
9	Ben Ferguson	8A
10	Joseph Whitten	8A
11	Harry Frost	7A
12	Sam Lewis	7A

# Cross Country Report

A massive thanks to all those who made the effort get up early and join us for training on Tuesday morning. We ended up with a shade over 100 boys on the track along with a very solid contingent of parents who added both fun and friendly competition to the morning session. It was fantastic to see the camaraderie and enthusiasm extend from our training group into the community of parents and at the end of the day that's what will drive our continued success in cross country.

School holidays are here and with them a modified training schedule; for the next two weeks, we'll train on Tuesdays and Thursdays, meeting at the grandstand for an 8:00am start and finishing by 10:00am. With AIC Championships only five weeks out and a series of races to start Term 2 these holiday training sessions are crucial as our last chance to really build fitness and should be considered compulsory for boys who aren't going away.

Cross Country Camp is only a week away, departing Friday, April 12 and returning Sunday, April 14. There remain a few spots available, so if you've been thinking about attending but are unsure of anything, please don't hesitate to get in touch via email at [hantsc@marash.qld.edu.au](mailto:hantsc@marash.qld.edu.au) ASAP. Detailed camp info and forms can be found on the MCA app, and payment is done via QKR.

**Chris Hants**  
Cross Country Coordinator



## Strength and Conditioning - Holiday Schedule

	TIME	MONDAY 15/4/19	TUESDAY 16/4/19	WEDNESDAY 17/4/19	THURSDAY 18/4/19	FRIDAY 19/4/19
<b>AM</b>	8:00am - 9:00am	OPENS RUGBY	OPENS FOOTBALL	OPENS RUGBY	OPENS FOOTBALL	GOOD FRIDAY
	9:05am - 10:00am	Year 5 & 6 M.A.D.	GENERAL USERS	Year 5 & 6 M.A.D.	GENERAL USER	GOOD FRIDAY

SPORTS BASED S&C GYM SESSIONS ARE FOR EITHER DESIGNATED 1st OPENS (YEAR 11/12) PLAYERS OR NOMINATED STUDENTS ONLY  
STUDENTS IN YEARS 8 - 12 CAN ACCESS GYM AT DESIGNATED GENERAL SESSIONS (MAX 25 STUDENTS)