## Canteen Menu

### Week 2.

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BREAK 1</strong></td>
<td><strong>BREAK 1</strong></td>
<td><strong>BREAK 1</strong></td>
<td><strong>BREAK 1</strong></td>
<td><strong>BREAK 1</strong></td>
</tr>
<tr>
<td>Chicken Strips</td>
<td>Chicken Strips</td>
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</tr>
<tr>
<td>Beef Burger</td>
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</tr>
<tr>
<td><strong>Thai Beef Massman Curry &amp; Rice (GF)</strong></td>
<td><strong>Tandoori Chicken &amp; tzatziki on Turkish bread</strong></td>
<td><strong>Oven Baked Chicken Parma Burger – shred lettuce &amp; mayo</strong></td>
<td><strong>Braised Pork, w/ tomato, olive &amp; Rigatoni Bake</strong></td>
<td><strong>Meat Pies &amp; Sausage Rolls</strong></td>
</tr>
<tr>
<td>Nasi Goreng</td>
<td>Spaghetti &amp; Meatballs w/ Parmesan</td>
<td>Sausage Sub w/ Caramelised onion jam</td>
<td>Moroccan Lamb &amp; Rice (GF)</td>
<td>Pizza Box</td>
</tr>
<tr>
<td>Cold Chicken &amp; Salad (GF)</td>
<td>Fresh Fruit Salad</td>
<td>Cold Chicken &amp; Salad (GF)</td>
<td>Fresh Fruit Salad</td>
<td>Shaved Roast Beef Roll</td>
</tr>
<tr>
<td>Sushi</td>
<td>Sushi</td>
<td>Sushi</td>
<td>Sushi</td>
<td>Sushi</td>
</tr>
<tr>
<td><strong>BREAK 2</strong></td>
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</tr>
<tr>
<td>Mince Nachos (GF)</td>
<td>Beef Lasagne</td>
<td>Mince Nachos (GF)</td>
<td>Chicken Pasta</td>
<td>Pizza Rounders</td>
</tr>
</tbody>
</table>

### Meal Deals

<table>
<thead>
<tr>
<th>$5.00 Meal Only (Inc Pizza)</th>
<th>$7.00 Meal &amp; One Drink Only (Excl Pizza)</th>
<th>$8.00 Meal &amp; One Drink Only (Excl Pizza)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALL MEALS ON MENU</td>
<td>500ML Deep Spring</td>
<td>600ml Powerade</td>
</tr>
<tr>
<td></td>
<td>500ML Pet Nestea</td>
<td>500ml Glaceau</td>
</tr>
<tr>
<td></td>
<td>750ml Water Pump</td>
<td>500ml Ice Breaker</td>
</tr>
<tr>
<td></td>
<td>600ml Breaker</td>
<td></td>
</tr>
<tr>
<td></td>
<td>500ml Shake</td>
<td></td>
</tr>
<tr>
<td></td>
<td>500ml Just Natural</td>
<td></td>
</tr>
</tbody>
</table>

$5.00 Meal Only

$7.00 Meal & One Drink

$8.00 Meal & One Drink

Pizza meal deal $8 with above drinks.
# INDIVIDUAL ITEMS

<table>
<thead>
<tr>
<th>SANDWICHES - $5.00</th>
<th>ROLLS - $5.00</th>
<th>FRIDAYS ONLY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken &amp; Salad</td>
<td>Chicken &amp; Salad</td>
<td>Pies &amp; Potato Pies</td>
</tr>
<tr>
<td>Chicken ; Cheese &amp; Tomato</td>
<td>Ham &amp; Salad</td>
<td>1/4 Pizza Slice (boxed)</td>
</tr>
<tr>
<td>Egg &amp; Lettuce</td>
<td></td>
<td>Sausage Roll (large)</td>
</tr>
<tr>
<td>Ham &amp; Cheese</td>
<td></td>
<td>Pizza Rounder</td>
</tr>
<tr>
<td>Ham ; Cheese &amp; Tomato</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ham &amp; Salad</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>WRAPS - $5.00</th>
<th>TUESDAY &amp; THURSDAY ONLY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken &amp; Salad</td>
<td>Chicken ; Lettuce &amp; Mayo</td>
</tr>
<tr>
<td>Ham &amp; Salad</td>
<td></td>
</tr>
</tbody>
</table>

# DRINKS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>500ml Deep Spring</td>
<td>$ 3.50</td>
</tr>
<tr>
<td>350ml Goulburn Valley Juice</td>
<td>$ 3.50</td>
</tr>
<tr>
<td>500ml Goulburn Valley Juice</td>
<td>$ 3.50</td>
</tr>
<tr>
<td>250ml Fruit Box</td>
<td>$ 2.00</td>
</tr>
<tr>
<td>600ml Mt Franklin</td>
<td>$ 2.50</td>
</tr>
<tr>
<td>750ml Flavoured Pump</td>
<td>$ 4.50</td>
</tr>
<tr>
<td>750ml Un-Flavoured</td>
<td>$ 4.00</td>
</tr>
<tr>
<td>500ml Glaceau Vitaminwater</td>
<td>$ 4.00</td>
</tr>
<tr>
<td>600ml Powerade</td>
<td>$ 4.00</td>
</tr>
<tr>
<td>500ml Iced Tea</td>
<td>$ 3.50</td>
</tr>
<tr>
<td>300ml Milk Breaker</td>
<td>$ 2.00</td>
</tr>
<tr>
<td>500ml Lite Flavoured Milk</td>
<td>$ 3.50</td>
</tr>
<tr>
<td>500ml Breaker Flavoured Milk</td>
<td>$ 3.50</td>
</tr>
<tr>
<td>600ml Breaker Flavoured Milk</td>
<td>$ 3.50</td>
</tr>
<tr>
<td>500ml Pauls Shake Chocolate</td>
<td>$ 3.50</td>
</tr>
<tr>
<td>400ml Rush Chocolate/Coffee</td>
<td>$ 3.50</td>
</tr>
<tr>
<td>750ml Ice Break</td>
<td>$ 4.00</td>
</tr>
<tr>
<td>500ml Ice Break</td>
<td>$ 3.50</td>
</tr>
<tr>
<td>Fresh OJ</td>
<td>$ 4.00</td>
</tr>
</tbody>
</table>

# SNACKS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chips/Chocolate Bars/Tic-Tacs</td>
<td>$ 2.00</td>
</tr>
<tr>
<td>Muffins</td>
<td>$ 2.50</td>
</tr>
<tr>
<td>Ice Blocks - from</td>
<td>$ 0.80</td>
</tr>
<tr>
<td>Tubes</td>
<td>$ 0.50</td>
</tr>
<tr>
<td>Sunny Boys</td>
<td>$ 0.80</td>
</tr>
</tbody>
</table>